

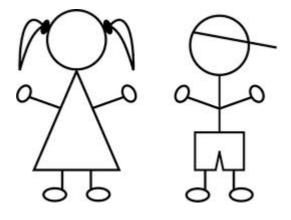
LUKE 10 TRANSFORMATION

TRAINER MANUAL FOR THOSE WHO TRAIN CHILDREN TO L-10-T

EQUIPPING THE 4-14 WINDOW

TO REACH THE 4-14 WINDOW AND BEYOND

Willem Joubert



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FOREWORD TO THE L-10-T TRAINERS MANUAL FOR THOSE WHO TRAIN CHILDREN TO L-10-T

Welcome to L-10-T (Luke 10 Transformation) - an exciting lifestyle changing training course! We welcome you as a co-worker to bring this message to children aged 3 - 14 years old.

In the first place L-10-T challenges you to a radical new lifestyle! L-10-T guides you to a lifestyle where you will daily follow Jesus Christ wherever you go and imitate Him in a way that is possible for **you** in your interaction with friends and strangers. L-10-T will allow the Holy Spirit to work in and through you in ways you **never before** thought possible. L-10-T will allow your faith in Christ to **get shoes** and to move out of your home or congregation to the places where you work, get your education or relax.

This is then what you will show the **children** to do! This training manual will assist you to train children to L-10-T.

I pray that YOU will take up the challenge to inspire the children to L-10-T from Monday to Saturday wherever they go. That you may show them to be willing to do small things every day which the Holy Spirit may use to do great things in the hearts of other children and even adults who do not know Christ!

In a lot of ways your example in doing L-10-T and your encouragement will be key to get the children to learn a lifestyle of L-10-Ting.

Originally we defined children in the L-10-T context to be 3 to 12 years old. With the coming of the 4-14 movement for children, which we fully support as partners, we redefined children to be 4-14 years old. Either definition holds in the context of this manual.

This manual would not have been possible without my wonderful supporters and colleagues, Lenthia Erasmus, Sunét van Wyk, Gerhard and Susan Botha and Rudi and Merinda Nagel who showed me how effectively children can L-10-T. In chapter 11 there is an example of a L-10-T training for children and families primarily compiled by Rudi and Merinda Nagel.

There is no more time to loose, LET'S GO!

Willem Joubert September 2011

Extract from the L-10-T Train-the-Trainers Manual:

The Chapter on Training Children

"Once people who work with children (3-12 years; or 4-14 years - to link with the 4-14 window see www.4to14window.com) have completed L-10-T training themselves, they can adapt the contents to the child's comprehension level and start training them. They should use their knowledge of effective training methods to do this.

L-10-T is firm supporters and resource partners for the worldwide 4-14 window project (see website above).

We have decided not to develop training material for the children themselves, because of cultural and developmental differences. We have also found that the creativity of those who train children far exceed our ability to put children's material together.

We have a separate Trainer Manual for Those Who Train Children to L-10-T, which is basically this chapter, expanded." [This manual is it.]

"The principle of this Training Children to L-10-T is that we advocate that those who train or want to train children aged 3 to 12 (4-14) (Sunday school teachers, parents, etc) do the L-10-T training course in full and then a Train-the-Trainer course, which in core is this manual." [Referring to the Train-the-Trainer manual for adults.] "Then adapt the material to the culture and ages of the children you want to train.

So, if you do not have the **L-10-T Trainer Manual for Trainers of Children**, do not wait - do the L-10-T course and the trainer's training and adapt the contents for your children or your group of children!

Feel free to contact us for ideas on training children to L-10-T. We will help if at all possible. We've already helped a church that has developed a programme for children who are going to L-10-T while they prayerwalk their town, etc."

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Chapter 1

Introduction

This Training Manual is supposed to assist you as the parent or spiritual trainer of children to train them to do Luke 10 Transformation (L-10-T). Furthermore, to create such a love in them to live this way, that it will become a lifestyle.

We assume, and this is very important, that you have done the full L-10-T training yourself. Furthermore, that you are actually doing L-10-T yourself. It would also be to your advantage if you have been trained as a trainer using the L-10-T Train-the-Trainers Manual which has been referred to in the extract just before the Table of Contents.

This manual assumes that you have and can refer to the L-10-T Training Manual for adults.

CATEGORIES OF CHILDREN

We divide children (defined as the 3-4 to 14 year age group) into three sub-groups in this manual:

Pre-School: 3 to 4 years to just before 6 years. We will cal them Pre-Schoolers (PS)

The junior primary school children: 6 to 9 years old. We will call them Juniors.

The senior primary school children: 10 to 13 or 14 years old. We will call them Seniors (in the children context).

Young people from 13/14 to 25 (that is from high school upwards) are called Youth in the L-10-T context (refer to our L-10-T Train-the-Trainers Manual on how to train Youth to L-10-T).

WHAT IS L-10-T?

L-10-T (Luke 10 Transformation) is an exciting and radical new way for ordinary Christians older than 3 and younger than 100 years to follow Jesus (introduced by Jesus Himself nearly 2 000 years ago!).

With L-10-T you and the Holy Spirit can preach the Good News everywhere you go – at school, where you shop, on the sports field, at the cinema, at home or wherever you visit with your friends – $\frac{1}{2}$

And only if necessary use words!

Everybody can L-10-T!

Two criteria were set in the development of L-10-T:

- 1. Everyone older than 6 and younger than a 100 must be able to it (and we have L-10-T for pre-primary school children too!).
- 2. You must be able to do it as you go about your normal life from Monday to Saturday (and Sundays as well!). No need to go to special meetings to do L-10-T!

Qualifications to L-10-T for children

The child should know about Jesus' love and salvation, want to love Jesus and want to live a life that pleases Him. So a lot depends on the spiritual maturity of the child.

Part of your challenge as Children's Trainer will be challenge will be to get the Pre-Schoolers (PS) and Juniors (and Seniors, if that is where you start) on a spiritual maturity level where they could L-10-T.

This trainer's manual will focus on the Juniors and give you some notes on what to do differently with the Pre-Schoolers and Seniors as we go along.

OUR TRUST IN THE TRAINERS OF CHILDREN

We trust you as youth or grown-ups that have done and live the L-10-T training course to be able to teach the L-10-T principles to your children and the children you work with.

We were amazed by the creativity of parents and teachers of children to teach their children the L-10-T principles in amazingly novel ways. **Do it!**

In Chapter 11 you will find a model (or example) of a L-10-T training for children (and families). It is adapted from one developed by Rudi and Merinda Nagel (who did the L-10-T training and then started training children and families) and is given as an example of a training programme developed from the L-10-T training.

We trust that this manual will give you some guidelines to make you even more creative in developing your own models and presenting L-10-T to children!

Chapter 2

How Children Develop

It is of tremendous help to the teachers of children if they understand how children develop between 3 and 14 years. You can then adapt the L-10-T principles to there level of development and understanding at their age.

We acknowledge the assistance of staff from Petra College (at L-10-T workshops with them) and the Institute of Christian Psychology (www.icp.org.za) in the drawing up of these guidelines and a lot of the ideas in different chapters.

DEVELOPMENT NOTES ABOUT THE PRE-SCHOOLERS

In a word: They ask questions!

Physical development: The PS plays. PS develop physically rapidly. They are very energetic - also active, but also becomes tired quickly. They speak non-stop. Large muscle groups are still developing. They have little finger control. They like activity and to imitate - acting out.

Mind development: PS asks "Why" and "How" questions. PS learn by playing, imitating, activity, pleasure and using their senses. They like making rhymes. Can memorise verses. Good imagination. Like stories. Concentration span short - 5-7 minutes

Social development: They are very self-centred. They slowly improve their relations with others through this development stage. Like to play "Home" and other games. They learn how to share and to take their turn. They like to give pleasure to others.

Spiritual development: Can think about god on a personal level. Can be taught to speak to God, to thank Him and to ask Him things that are needed. They understand that deliberate disobedience is sin. Can believe in Christ and accept Him as Lord.

Pointers for PS' spiritual learning: Give short and easy answers; sing action songs; Use the large muscle groups in activities; Let them touch things and investigate; Change activities constantly – every 4-6 minutes; Encourage group games; teach them Bible verses; Use simple supportive props and pictures or drawings; tell the salvation message in an easy way and invite them to accept Jesus as Lord and Saviour; teach them that God can be Father.

How PS deal with Christian spiritual matters:

- They can accept God as Father and Creator. They may still get confused between the concepts of God and Jesus. The 5 year olds are a bit worried about the fact that God knows everything we do.
- They like Bible stories.
- They can now listen to stories about miracles (from about 4 years).
- They interpret everything very concretely and cannot yet think well about abstract concepts.
- They see wrong things in the light of their own negative experiences.
- They think if they do wrong things when the supervisor does not see, it may be OK because he/she is not aware of it and will not be upset.
- They can learn to live for God.
- They trust people.
- They understand God's love in terms of the love shown to them by other people.
- They easily believe what they are told by others.

Joy Sheets

Trainers of children often develop worksheets with activities for children to use. We will call them Joy Sheets (JS). You will find some JS notes in the manual to assist you to develop JS. Please note that you do not NEED Joy Sheets to be able to present L-10-T to children.

Some Joy Sheet activities for PS:

- JS will have no words (except for the presenter's use)
- Use drama for them to act out the stories told
- Use sharing of sweets to illustrate loving your neighbour
- Mother and Father are major figures in their lives use them in illustrations
- Change activities every 5-7 minutes
- Use pictures that tell a story (such as comics)
- Let them paste
- Use clay
- Let them draw and explain what they drawn
- Let them dress in clothes for certain roles (A fantasy corner for mini-dramas)
- Sing with action
- JS to be at their development level
- Pay attention to time to go to the toilet before the lesson or between activities.
 An assistant presenter is very helpful with this.
- Teach them Bible verses with
 - o Action
 - Marching
 - Body movement
 - Playing different characters
- Stories
- Routine expected surprises!

- Use drama and supportive noises as presenter
- Show them and let them touch, feel.
- Use their different senses
- Games
- Answer relevant questions (they will have lots)

DEVELOPMENT NOTES ABOUT THE JUNIORS

These notes should assist in pitching your training at the Juniors' level.

In a word: At their age the Juniors are very busy!

Physical development: Juniors are very **energetic**. They enjoy activities that make them tired; they run and jump rather than walk, but become tired rather quickly. They enjoy a large variety of activities. They start to grow slower. They want to assist, but have to be taught how to do it.

Mind development: Juniors are observers. They start to learn to read and this expands their world tremendously. They want to learn and learn quickly. They understand things in a literal way and should therefore be given concrete examples. They memorise words easier than ideas or concepts. They like songs. They like puzzles, to cut and paste and to draw and colour.

Social development: Juniors are **team players**. They are at ease with children of their own age. They have a best friend, like pets and seek adult approval of their actions. They prefer non-competitive activities. They like to **pretend** - therefore they like to play games being someone else.

Spiritual development: Juniors can distinguish between right and wrong. They are aware of sin and feel guilty about it. They trust people. They like dramatised Bible stories with lots of action. They have a growing realisation that God exists and is surprised that they cannot see Him. They easily accept Jesus as Saviour. They can learn to pray easily and to talk to God as a friend. They would like to have God's favour. They can be taught to live a very Christian life. The example of their parents plays a major role. They have lots of questions about death, eternity and hell. They need Christian role models.

Pointers for Juniors' spiritual learning:

- Plan activities with lots of movement and action.
- Change programmes every 9-15 minutes.
- Encourage them to memorise.
- Use examples of other children to encourage Juniors to witness or make a contribution to missions, etc.
- Present the Bible to them as true and trustworthy.
- Present the message of salvation clearly and invite them to accept Jesus as Saviour.

- Use family relationships to present the idea of salvation clearly.
- Teach them the books of the Bible and how to find chapter and verse.

How Juniors deal with Christian spiritual matters:

- It is the golden phase to develop certainty of faith.
- They wonderfully open to the gospel.
- They have a growing realisation that God exists. They are surprised that He cannot be seen.
- They have an easy open relationship with God, speak to him easily and expect immediate answers.
- They would like to be accepted by God and want to do the things as He wants it done.
- They are aware of their sin and feel very guilty.
- They have lots of questions about death, eternity and hell.
- They like action. So they like mission stories and any dramatisation of a Bible story.
- They still think very concretely.
- They are easily taught to speak to God any place anywhere like with a friend.

Some Joy Sheet activities for Juniors:

- 1. Use the L-10-T Hand
 - 2 Hands together
 - Hands clapping joy!
 - Touch and
 - 1 Hand a hand that can touch (big and small hands)
 - Taking hands
 - Use your fingers
 - God's hand
 - Your uniqueness fingerprint
 - Glove part of your armour
 - Hand activities trace/print
- 2. Activities must be able to be done with and without the ability to read words
- 3. Fill in words and use/paste pictures for those that cannot read.
- 4. Pictures Colouring and cut and paste
- 5. Memorise applicable bible texts (use applicable translations true to the original)
- 6. Draw pictures of current events and of their dreams.
- 7. Activities
 - Go on Prayer Walks involve Father and Mother, other children; visit Old Age home
 - · Role plays
 - Stickers or stamps making
 - Obstacle course
 - Letter writing
 - Planting seed
- 8. Homework activities

- Self
- With family/father/mother
- Plan for week
- Pledge to do it
- Memorise
- 9. Maze
- 10. Snakes and Ladders (Chutes) or magnets to illustrate attraction and repulsion of notyet Christians to and from Believers.
- 11. My story with Jesus (including your testimony)
- 12. Feedback on previous lesson and homework
- 13. Joy sheet should involve class, cell group and family.
- 14. Pray together and for each other in each class.

DEVELOPMENT NOTES ABOUT THE SENIORS

These notes should assist in pitching your training at the Seniors' level (from about 10, up to about 13 to just before 14).

In a word: At their age the Seniors are very energetic!

Physical development: Seniors are explorers. They find this the most wonderful stage of their lives! They want to experience everything and always want to start something new. They are very active and exuberant. They like hobbies. They love adventure, camping and the outdoors. They are less dependent on adults. They are usually not very neat.

Mind development: Seniors are investigators. They are curious and want to know more - therefore they learn easily. They have an excellent memory, so it is a good age to let them memorise. They are gatherers. They enjoy jokes and puzzles. They are curious about problems. They are very creative. Their attention span has extended considerably from the Junior phase.

Social development: Seniors have a strong **team spirit**. They like to be acknowledged by children of their own age - they want to feel secure in what they are doing. They compare themselves with others. They enjoy competitive activities. They are very loyal. They would worship someone as hero. Fairness starts to be very important.

Spiritual development: Seniors are worshipers. They react well to lessons on spiritual growth. They can understand Biblical principles and truths. They ask questions regarding being a Christian. They are interested in other people. They can be good witnesses.

Pointers for Seniors' spiritual learning:

- Teach them to seek for solutions to their problems in the Bible.
- Plan challenging projects and Biblical games.
- Use informal competition as a learning tool.
- Encourage high values.

- Lead them to Christ as the One who can save them from the effect of their sin.
- Present Christ as their King and Lord.
- Encourage Seniors to have personal quiet time.

Some Joy Sheet activities for Seniors:

- 1. Filling in words
- 2. Write paragraphs
- 3. Code language
- 4. Learning Bible texts with movement and games.
- 5. Crossword puzzles
- 6. Find the word.
- 7. Draw (also comics)
- 8. Homework
- 9. My story and feedback
- 10. Scrapbook of your L-10-Ting
- 11. L-10-T Camp obstacle course
- 12. Games (snakes & ladders)
- 13. Illustrating the attraction and repulsion between the poles of magnets
- 14. L-10-T "get together" with others that are doing L-10-T
- 15. Praying together and for each other in each class
- 16.L-10-T Training camps

Story Telling

Tell the Bible Stories around the Scriptures in the Luke 10 Transformation training in a true, but story telling way to the children at their level of development. We call this telling the verse as a true story (this includes all the acts in the Scripture, but told as a story)

To learn more about telling Bible stories to children (and oral learners) look at www.simplythestory.org. They have a downloadable handbook.

Culture

The importance of adapting everything in this training manual to your cultural setting cannot be overemphasized. Also take into account individualism or group emphasis in the culture.

Conclusion

The above developmental notes should assist you as the trainer of children to shape your training and especially your spiritual training lessons and JS to meet them at their level of development for greater effectiveness.

Chapter 3

Children accepting Jesus as Lord and Saviour

In order to teach children to do Luke 10 transformation it is essential that they understand the salvation message and have accepted Jesus as Lord and Saviour.

This should be supported by them growing in the knowledge of the Bible.

In putting the child's acceptance of Jesus' salvation first we move from the normal L-10-T training for adult believers where we assume they know Jesus as Lord and Saviour.

One might teach a child the steps of L-10-T without the child having accepted Jesus as Lord and Saviour, but it a very shallow implementation and should only be done if the child is in a Christian group and have had the opportunity to make such a decision. Then one might teach him the L-10-T steps, but with the full knowledge that the child still needs to get the full understanding and experience of salvation.

Depending on the spiritual developmental phase of the child the gospel can be presented at different levels of complexity.

You (or your church) might already have ways to present the gospel to children. Then use that if it is acceptable to you.

We recommend the use of a simple illustrative way with colours to present the gospel.

It is normally called the **Wordless Book**. But you can use colour beads or stones or flags, etc. A different number of colours are used to illustrate the different salvation steps in the Wordless Gospel Tool. Five to six colours are used.

Start with the question: How do you become a child of God? Then explain the Gospel very basically using these **different colours**. Place the respective colours on the floor as you speak about them, e.g. big beads or coloured paper.

GOLD	God is my Father - God who created Heaven and Earth, I am created to
	live in relationship with Him
BLACK	I am sorry – sin or not being obedient to God has become a wall
	between me and God
RED	Blood of Jesus - By His blood we are forgiven, and we become part of
	Him
WHITE	By accepting the salvation Jesus has bought for me by His death on the
	cross and His resurrection and victory over sin and everlasting death

our relationship has been restored. This is done by a prayer to Jesus.

GREEN Pray for spiritual growth to follow Jesus and do this day by day for the

rest of your life.

BLUE Ask Jesus for the outpouring or baptism of the Holy Spirit in our lives

(If you or your denomination/church do not believe in a separate baptism of the Holy Spirit you may omit this colour. We suggest that you keep it and teach the child to walk with the HolySpirit every day

using this colour)

GOLD God is my Father - God who created Heaven and Earth, I am created to

live in relationship with Him and now I can really live it!

It is great if the children work at creating their own Wordless Gospel Tool, as they will use it on their peers, when you teach them Step 4 and Take 5.

Explain the concepts of everlasting life/death very clearly to the children.

If someone hears the gospel story and then wants to accept Jesus as his/her personal Saviour they usually do the so-called sinner's prayer (or do this as your denomination prescribes).

EXAMPLE OF WHAT TO PRAY (Make it your prayer):

Dear Lord Jesus,

I know that I am a sinner and need Your forgiveness. I believe that You died for my sins and that God raised You from death. I want to turn from my sins. I now invite You to come into my life. I trust You as Saviour and will follow You as Lord with my heart, soul and body.

Thank you, Lord, for saving me. AMEN	
Signature:	Date:

(Refer to the Adult Training Manual Annexure "Knowing God" for a full explanation with Scriptures of the salvation process)

Some concepts to use in your presentation to the children (the left hand column contains concepts to put across, while the right hand column contains ideas for Joy Sheets. Items in the RH columns do not necessarily correspond to items on the left):

The message of salvation & need	Joy Sheet Ideas
for workers in the harvest:	
God's love	Use the Wordless book as a way to
Not everyone knows Jesus	present the salvation message.
The message of right & wrong	
The message of sin	Memorise verses - With movement
Consequences of sin	
Message of salvation	Cut & Paste the <u>Heart</u> (entire heart).

If accepted and salvation prayer understood and prayed	Heart should belong to Jesus
Then	The EvangeCube can also be used as
Concept of Disciple	a pictorial tool to present the gospel
Like Jesus loved us and helped us we should help others by telling the	(http://www.e3resources.org/)
story.	It is often not possible to give every child this tool to use on others in
	step 4.

At the end of this chapter we ask the question: Jesus has set us free. Would we not like for others/all people around us to be set free too?

Would you like to do something about it?

In the next chapter we look at the things Jesus said He would want us as His disciples to do now that we know that He has set us free from everlasting death.

Chapter 4

How to follow Jesus

In the previous chapter the foundation was laid and we are sure our children understand at their level the gospel message and have accepted Jesus as their Lord and Saviour. The question in this chapter is **what now?** We will investigate a few of Jesus' commandments and mirror ourselves and our communities against those requirements. Throughout we ask the question: Is there a need for a life based on at least some of Jesus' instructions?

We touch on what Jesus wants us to do as his disciples in **following** Him. We also look at what He wants us to do as disciples **sent** by Him.

Discuss these questions with the children at their level.

Then explain the Bible verses in this chapter as true stories at their level of understanding.

We start with the Great Commission (refer to Unit 3 in the Adult Training Manual)

Before Jesus went to heaven to be with the Father, He gave a very important instruction, called the Great Commission:

19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. (Mat 28: 19-20a)

and

8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." (Acts 1:8)

It is clear that the Great Commission is for near and far - so we need to be witnesses in our Jerusalems too. Even to witness to nominal Christians - a nominal Christian is not a disciple and needs to be one.

So just as Jesus saved us, He wants us to go and save others that have not yet given their heart to Him or who are not living a life that reflects that. You might have felt that you wanted to help that other people will be set free from everlasting death just as you have been set free.

Are there such people in our community or how big is the harvest?

Now the teacher finds the composition of the harvest in his/her community or country as illustrated in Unit 3 of the adult training manual.

Illustrate the situation in your country using an example of 10 fingers: 8 out of 10 people in our country will not go to heaven, if they do not accept Jesus.

Explain the desperate need for workers in the harvest in your community and the world.

The	n:
	How well are you practising the Great Commission?
	How well would you like to practise the Great Commission?

What is the best way to tell people about Jesus?

Some people are very good at giving the good news of salvation through Jesus Christ to individual people, groups of people or through the radio or TV. People listen to them and respond. They have a special gift from God. We call them evangelists. You might also become one if God gives you this gift while telling others. About 4 out of every 100 people who come to know Jesus does it this way.

Most people come to Christ because they have a friend that is a Christian (75-90%) They moves through about 18 micro decisions from being anti-Christian to being committed disciple. At step 13 they do the prayer to accept Jesus as Saviour. In step 14 to 18 they learn to follow Jesus as we do in this chapter. Ordinary Christians, meeting them along the way, assist them in finding answers to their questions. Or ... might drive them away from Christ by exhibiting bad behaviour which are then associated with "Christians".

It is like Snakes & Ladders (Chutes) (or magnets): What we do amongst non-Christians might assist non-Christians up the ladder or down the snake!

This reinforces the tremendous importance of our behaviour as Christians in our everyday life!



The snakes and ladder or magnet analogy is vital for the Juniors and Seniors to understand that our lives in any event reflect Jesus and affects those we interact with.

Depending on the age of the children you teach, now let them discuss how they think the gospel message should be brought to people in their community.

Discuss how you will approach the task of evangelism in your community with reference to the information discussed in the lesson thus far. Perhaps the situation is different in your school – discuss!

What will your individual role be?

It is clear that we need ways whereby we can involve all Christians everyday of their lives to be salt & light wherever they move.

Heb 12:15 (NKJV) encourages us to excellence with regard to the people around us: "Looking carefully lest anyone fall short of the grace of God."

Our care for others' salvation is an important concept for the Juniors and Seniors

The	need	for	workers	in	the
harv	est:				

Concept of Disciple Like Jesus loved us and helped us we should help others by telling the story.

Explain the need for people to know Jesus as Saviour in our cities and the world

Explain the effect we as Christians have (behaviour and language) on

Joy Sheet Ideas

Use the Hand picture – people You know who does not know Jesus

Use marbles and pictures to present the need on the outside for 8-years and older.

Memorise verses - With movement

Let 10 children stand in front and illustrate the composition of the people in the country by grouping them. For example, if there are 30%

those that do not know Christ (the snakes & ladders story or magnets)

believers in an area - 3 children will illustrate the 30%.

Are you now ready to tell others about Jesus?

Yes, I want to, but how?

L-10-T is a way to start - we will look at that soon.

Some of the other things Jesus asked us to do.

Let us look at some of the other key commandments Jesus gave us as his disciples or followers. Here we explain some of the important issues of discipleship to the Juniors and Seniors (and to the PS' at their level) and the importance of following them in their lives.

Our aim is not to frighten, but to invite the Juniors and Seniors to establish priorities and follow His commands to be His friend.

To follow Jesus, we need plan and count the cost.

Discuss the following in true story format - getting their reaction.

Jesus had a perfect relationship with His Father God. He lived a perfect lifestyle for the Father. He took our sin on Him and died for us. **His only requirement was that we should imitate His lifestyle!**

He put it bluntly:

Read Luke 14:26-28, 33

26 "If anyone comes to me and does not hate his father and mother, his wife and children, his brothers and sisters—yes, even his own life—he cannot be my disciple. 27 And anyone who does not carry his cross and follow me cannot be my disciple. 28 "Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough money to complete it? ... 33 In the same way, any of you who does not give up everything he has cannot be my disciple." (Also refer to Matt 10:37-39)

And He put it invitingly:

Read Matthew 11:28-30

28 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

Jesus wants us to place Him as number 1 in our lives - above all others!

How are you currently following Jesus in your lifestyle?

How do you think should you follow Him

Are you willing to pay the price?



Explain that from our position in Him we then love all the people around us. This is illustrated in the two Great Commandments:

Read Matthew 22:37-40

37 "Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.' 40 All the Law and the Prophets hang on these two commandments."

But there are some people that are very important to Jesus:

Jesus' emphasis on other people that are less fortunate than us becomes clear in Mat 25:31-46, where we get a clear picture of what will happen on Judgement Day, There can be no misunderstanding of what Jesus meant about our love and service to those less fortunate than us:

31 "When the Son of Man comes in his glory, and all the angels with him, he will sit on his throne in heavenly glory. 32 All the nations will be gathered before him, and he will separate the people one from another as a shepherd separates the sheep from the goats. 33 He will put the sheep on his right and the goats on his left. 34 "Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. 35 For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, 36 I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' 37 "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? 38 When did we see you a stranger and invite you in, or needing

clothes and clothe you? 39 When did we see you sick or in prison and go to visit you?' 40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.' 41 "Then he will say to those on his left, 'Depart from me, you who are cursed, into the eternal fire prepared for the devil and his angels. 42 For I was hungry and you gave me nothing to eat, I was thirsty and you gave me nothing to drink, 43 I was a stranger and you did not invite me in, I needed clothes and you did not clothe me, I was sick and in prison and you did not look after me.' 44 "They also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?' 45 "He will reply, 'I tell you the truth, whatever you did not do for one of the least of these, you did not do for me.' 46 "Then they will go away to eternal punishment, but the righteous to eternal life."

Which "less fortunate" ones did Jesus care about?

- 1. the thirsty
- 2. the hungry
- 3. foreigners
- 4. the naked
- 5. the ill
- 6. prisoners

In verses 41-46 Jesus makes it clear that where such people were despised - the despisers despised Jesus himself.

He emphasises and expands this command:

Read James 1:27

27 Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.

And He explains the concept of neighbour in detail in Luke 10:29-37

Read Luke 10:29-37

29 But he, wanting to justify himself, said to Jesus, "And who is my neighbor?" 30 Then Jesus answered and said: "A certain man went down from Jerusalem to Jericho, and fell among thieves, who stripped him of his clothing, wounded him, and departed, leaving him half dead. 31 Now by chance a certain priest came down that road. And when he saw him, he passed by on the other side. 32 Likewise a Levite, when he arrived at the place, came and looked, and passed by on the other side. 33 But a certain Samaritan, as he journeyed, came where he was. And when he saw him, he had compassion. 34 So he went to him and bandaged his wounds, pouring on oil and wine; and he set him on his own animal, brought him to an inn, and took care of him. 35 On the next day, when he departed, he took out two denarii, gave them to the innkeeper, and said to him, 'Take care of him; and whatever more you spend, when I come again, I will repay you.' 36 So which of these three do you think was neighbor to him who fell among the thieves?" 37 And he said, "He who showed mercy on him." Then Jesus said to him, "Go and do likewise."

✓ How well are you practising the Second Great Commandment including care for the less fortunate?

Honour your Father and Mother (this is not in the Adult Training Manual)

☐ Read Exodus 20:12 (NIV)

"Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

How do we do this? Discuss.

What about the First Great Commandment?

We love God by worshipping Him, praying to Him and knowing about Him. The Bible was given to us by God to know about Him. We also learn about Him by looking at nature.

Reading the Bible or having it read or told to you is a very important part of you obeying the First great Commandment.

Prayer: Talking to God and listening to Him talk to us (through the Bible, nature and other trusted people or sometimes directly) is very important to Him. The Lord's Prayer is the model prayer Jesus gave us as His disciples (Mat 6:9-13)

Read Matthew 7:21 -23

21 "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. 22 Many will say to me on that day, 'Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?' 23 Then I will tell them plainly, 'I never knew you. Away from me, you evildoers!"

It does not help to only do what God says, but to ignore Him - discuss

Explain the Trinity

Children need to understand the concept of God as a triune God: Father, son and Holy Spirit (John 15:26; Luke 10:21). Discuss.

Just before Jesus went to heaven he gave explained the link between His love for us, our love for him and each other and His commands very well:

☐ Read John 15:9-17

9 "As the Father has loved me, so have I loved you. Now remain in my love. 10 If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. 11 I have told you this so that my joy may be in you and that your joy may be complete. 12 My command is this: Love each other as I have loved you. 13 Greater love has no one than this, that he lay down his life for his friends. 14 You are my friends if you do what I command. 15 I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. 16 You did not choose me, but I chose you and appointed you to go and bear fruit--fruit that will last. Then the Father will give you whatever you ask in my name. 17 This is my command: Love each other."

Discuss the importance of having a relationship with God and being obedient to His commands.

Being baptized

The Great Commission in Mat 28:19-20 makes it clear how important baptism is. Whatever the norm of your denomination is - you are either already baptised or if you have accepted Jesus as your Saviour you should be able to be baptized as soon as possible.

Trainers should handle the issue of baptism with great sensitivity with reference to the theological differences between denominations. Children should be clear that baptism is part of the 3-fold Great commission:

- Becoming disciples of Jesus (accepting the gospel message and asking Jesus to be your Lord.)
- Being baptized
- Learning what He told us to do and then doing it (discipleship training)

Communion

Jesus encourages us to remember what He has done for us on the cross through the communion meal (1 Cor 11:23-34). As disciples we should partake of it as regularly as we can. Explain this to the children and also the different denominational rules applicable to them as to when they may partake of communion (or its equivalent) so that they may understand what is happening in their church.

Baptism in the Holy Spirit

Jesus promises us that He will send us as His disciples the Holy Spirit from His Father as comforter and advocate (John 14:16-17; 26; John 15:26). The first baptism with the Holy Spirit is described in Acts 2. Thereafter some denominations do not see it separate from salvation; others say that we should ask/pray for the baptism in/with the Holy Spirit;

others add that the sign of it is speaking in tongues. Explain this to the children that they may understand what is happening in their church.

In Luke 10 Transformation everything we do is with the Holy Spirit. So the concept walking with the Holy Spirit is very important to doing L-10-T.

Important Note

In this chapter we cover many, but not all subjects of discipleship and little of learning the Bible. Excellent material exist for teaching children the Bible and discipleship for use in churches, homes and school Christian Associations or clubs. This chapter is not meant to be a substitute for any of these. We only highlight some things the child should preferably know about to L-10-T well and to start the discipleship process of those he/she would disciple (in step 4).

Commandments of Jesus:

What it means for Jesus to be no 1 in your life.

Obeying Jesus

Imitating Jesus or following Jesus

Understanding neighbour & love Understanding the less privileged people in need

Honouring father and mother

Understanding prayer and relationship with God
The Lord's Prayer and its meaning
Understanding the importance of a relationship with God vs just doing things "for" God
Understanding the Trinity
Understanding friendship with God and the importance of His commands in our love for Him

Understanding being baptized

Understanding Communion

Understanding baptism in/with the Holy Spirit

Joy Sheet Ideas

Memorise verses - With movement

Cut & Paste

<u>Heart</u> (entire heart). Heart should belong to Jesus

Spending time with Jesus in prayer

What are your 4 most important things? God, father & mother; other people around us; other people in need. Sketch/pictures

Who is your neighbour? Give examples - make a poster of different people in the community that we meet.

Where do we find people in need make a poster of such people in your community.

The importance of Scripture stories and stories around Scripture to explain these commands of Jesus

Summary: It is clear that following Jesus is a daily task, focused on His commandments, a search for the kingdom of heaven and on love for others and the triune God.

Jesus wants us to be like Him, imitate him and do what He commanded us.

You are a full time worker for Jesus, being sent by Him everyday everywhere you go!

☐ Read Ephesians 4:11-12

11 And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, 12 for the equipping of the saints for the work of ministry, for the edifying of the body of Christ. (NKJV) (our bold)

You, as believer, are **firstly** a fulltime worker of God wherever you move or work. **Secondly**, you are a child at home, or scholar, student or secretary, IT specialist, manager or homemaker.

The question is now:

Is there a way for me as an individual or us as a class, congregation or a business to effectively reach the harvest which is around us in our cities, towns or regions? A way that is possible for ALL Christians to do? Is there a way in which we may also execute Jesus' commandments – amongst others to follow Him and to be able to love and care for other people?

Luke 10 Transformation or shortly L-10-T IS such a way - let us explore each of its steps in the next chapter.

Chapter 5

Introducing the Luke 10 Story

Tell the children the Luke 10 story where Jesus sent the disciples. Tell it true to the Bible but in story format.

The story as told to adults (in the adult training manual):

Let us look at what Jesus did: Jesus trained twelve disciples who were ordinary people to take His message to the ends of the earth. In Luke 10 He also sent seventy (or seventy two - NIV, Good News Bible etc.) others (even more ordinary people, such as us, whose names we do not even know), to take the message ahead of Him. They are the example that we follow in L-10-T for modern life!

Read Luke 10: 1-9

1 After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go. 2 He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. 3 Go! I am sending you out like lambs among wolves. 4 Do not take a purse or bag or sandals; and do not greet anyone on the road. 5 "When you enter a house, first say, 'Peace to this house.' 6 If a man of peace is there, your peace will rest on him; if not, it will return to you. 7 Stay in that house, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house. 8 "When you enter a town and are welcomed, eat what is set before you. 9 Heal the sick who are there and tell them, 'The kingdom of God is near you.'

NOW TELL THE STORY TO THE CHILDREN!

Let the children freely discuss and ask questions about the story.

If applicable - role-play the story: One will be Jesus; Others will be the 72; Others will be the 12 Apostles who are looking on (They have just completed the same mission in Luke 9.). Others will be other onlookers.

THE L-10-T STEPS

Four steps can be extracted from Jesus' commands in the above passage to give the ordinary Christian today some guidelines on how to follow Jesus in society. At the same time you will start to execute His commandments!

The L-10-T steps are:

Step 1: Bless

Step 2: Fellowship/Build Relationships

Step 3: Meet Needs

Step 4: Tell about Jesus

Explain the steps to the children as simply as possible in their language.

Let them discuss the steps one by one and start to say how they will do it.

Rhyme it and rap it:

These are the rhymes for the 4 steps that you can rap and let the children rap:

1. BLESS AND CHAT WHERE YOUR FEET ARE AT

Ask the Lord for his blessing, peace and love on the places you go and the people you encounter every day.

2. LINK UNTIL THEY'RE ON THE BRINK

Build relationships

3. PRAY, AND HELP NEEDS GO AWAY

Pray and help where you can

4. WHEN THE TIME IS THERE, IT'S JESUS YOU MUST SHARE

Tell about Jesus

Everyone Can L-10-T!

- There is no need to go to special meetings to L-10-T! You can do it as you go about your everyday life, from Monday to Saturday (and Sundays as well!)
- Everyone younger than a 100 must be able to do it
- L-10-T is not a religion or a church!

L-10-T is a practical way to live out your faith and your relationship with God Almighty every day.

Please note that although L-10-T is generally used outside the home environment it can be used with great effect within the home and family! This is (amongst other things) illustrated in the following table:

Which of Jesus' Commands does L-10-T help us do?

Command	Personal only	In house/family	Outside House & Church - i.e at school, shops, etc. Where L-10-T mostly happen
Following Jesus	X	X	X
Understanding neighbour & love		X	X
Understanding the less privileged - people in need			X
Honouring father and mother	X	X	
Understanding prayer and relationship with God	X	X	X
The Lord's Prayer	X		
Understanding prayer for others	×	X	X
Understanding the Trinity	X		
Understanding the importance of a relationship with God vs just doing things "for" God	X		
Understanding friendship with God and the importance of His commands in our love for Him	X		X
Understanding being baptized	X		
Understanding Communion	X		
Understanding baptism in/with the Holy Spirit	×		
Walking with the Holy Spirit	X	X	X

Implementation Ideas

For PS: Just start with step 1 initially after telling the story and the steps. The other steps can follow later.

Ideas for Juniors and Seniors

L-10-T Models

- We suggest the presenting of the L-10-T story as a train with the different steps/lessons as wagons. **The train's destination**: taking people to heaven.
 - o **JS notes:** The train can be pictured (Gospel express) and the different wagons "exposed" as the lessons are given. Dramatise the train's movement.

- The L-10-T hand can be used as another model with fingers as steps etc.
- The idea of being L-10-T agents (like in secret/special agent) can also be used. Different missions for the agents.

We will look at the detail of each step in the next four chapters.

LET'S 60!

Chapter 6

STEP 1: BLESS

The first step is to ask the blessing, peace or love of the LORD on every place and its people to which you go during the week. Also on every task you do.

For the Trainer	Joy Sheet Ideas
What is blessing?	Blessing is for each day.
Jos. 1:7	
To receive love	
Joy	Who do they meet everyday?
Prosperous (spiritually)	Make lists!
Safe	
Peace - even in difficult	
circumstances	
Godly assistance	
Darkness turn into light	
Blessing is the most wonderful	
thing you can ask for another	
Jabez asked God to bless himself	
(1 Chron 4:9-10)	
In L-10-T we ask blessing for	The Second Great Commandment
others - not for ourselves!	in Action
What is prayer?	
Communicate	Let them pray alone and for each
We can ask for ourselves	other.
We can ask for others (like Jesus	
see 1 Tim 2:1-2)	
To pray the blessing of the	Use a five finger model to
Lord for another:	illustrate BLESS
Use the hand	
• B ody	
• L abour	
• E motion	
• S ocial Relationship	
• S alvation	
Also to pray for blessing on	Let them tell about it and discuss!
places	
The child's	
• Home	
• School	
• Street	
• Town	20

Pray God's blessing on each task	Make a list of tasks everyone does
you do! Also thank God after	every day at school or at home.
you have done it!	
To be different: To pray for	
and love enemies (Mat 5:43 –	
48)	
Bully	
 Friend, brother/sister that 	
does ugly things	
 Adults that does ugly 	
things	
Command	
We have to choose to ask the	
Lord's blessing on these enemies	
Forgiveness (Mat. 6:12, 14-15)	
You need to forgive before you	
can pray for, ask blessing or love	
If the child cannot do this and	
are maybe experiencing continuing	
trauma - the trainer should act.	

The following are some parts from the adult manual just to give you key scriptures to tell in story format.

Explain that this prayer will usually be silent, many times with eyes wide open. With L-10-T you want to see the places and people you are praying for! You usually do this prayer alone, but it is good to do this with someone that is with you or with the passengers in your vehicle.

This prayer is an expression of the second Great Commandment. The most wonderful prayer you may pray for someone is the LORD's blessing, peace or loving touch.

You may expand the prayer of blessing for a person by asking the Lord to bless the person's (note the BLESS acronym):



Labour - work, income, security

Emotions - joy, peace, hope, love

Social relationships - marriage, family relationships, friends, neighbours, colleagues

Spiritual relationship - salvation, faith, grace, mercy, spiritual growth



The importance and priority of praying for people is confirmed by

☐ Read 1 Tim 2:1-3

1 I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone— 2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 3 This is good, and pleases God our Savior,

The LORD is serious that in the first place we should offer different prayers for all people and especially those in positions of authority.



As you start to do L-10-T Step 1 you may find that your biggest problem is plainly forgetting to do it. Do whatever you can to remind you of Step 1 (e.g. a note in your school diary). Also pray immediately for the blessing of the Lord on those places where you have forgotten to do it, as soon as you remember! You have to become used to this new way of living!

The Lord wants us as Christians to live differently from normal people and therefore He encourages us to stretch ourselves and do more than just asking for His blessing on those that are good to us.

□ Read Mat 5:43-48

43 "You have heard that it was said, 'Love your neighbor and hate your enemy.' 44 But I tell you: Love your enemies and pray for those who persecute you, 45 that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. 46 If you love those who love you, what reward will you get? Are not even the tax collectors doing that? 47 And if you greet only your brothers, what are you doing more than others? Do not even pagans do that? 48 Be perfect, therefore, as your heavenly Father is perfect.

What strikes you the most about this passage - especially vs 44?

Again Jesus raises the crossbar in the high jump of love to a way-out height! Through this we come to understand His heart.

He aims at nothing less than perfection with the Heavenly Father as our ideal.

But we cannot love our enemies and pray for them if we have not forgiven them:

□ Read Mat 6:12, 14-15

12 Forgive us our debts, as we also have forgiven our debtors....14 For if you forgive men when they sin against you, your heavenly Father will also forgive you. 15 But if you do not forgive men their sins, your Father will not forgive your sins.

If we are praying for the LORD's blessing it is important to forgive everybody for whom we bear a grudge.

Jesus confirms the importance of our forgiveness in the following parable:

Read Mat 18:23-35

23 Therefore the kingdom of heaven is like a certain king who wanted to settle accounts with his servants. 24 And when he had begun to settle accounts, one was brought to him who owed him ten thousand talents. 25 But as he was not able to pay, his master commanded that he be sold, with his wife and children and all that he had, and that payment be made. 26 The servant therefore fell down before him, saying, 'Master, have patience with me, and I will pay you all.' 27 Then the master of that servant was moved with compassion, released him, and forgave him the debt. 28 But that servant went out and found one of his fellow servants who owed him a hundred denarii; and he laid hands on him and took him by the throat, saying, 'Pay me what you owe!' 29 So his fellow servant fell down at his feet and begged him, saying, 'Have patience with me, and I will pay you all.' 30 And he would not, but went and threw him into prison till he should pay the debt. 31 So when his fellow servants saw what had been done, they were very grieved, and came and told their master all that had been done. 32 Then his master, after he had called him, said to him, 'You wicked servant! I forgave you all that debt because you begged me. 33 Should you not also have had compassion on your fellow servant, just as I had pity on you?' 34 And his master was angry, and delivered him to the torturers until he should pay all that was due to him. 35 So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

Again there seems to be an inexorable link between our forgiveness of those who wronged us and our receipt of God's forgiveness.

Be free!

How to get rid of unforgiveness?

- > Acknowledge it is there
- > Acknowledge that you cannot keep it
- > Acknowledge that Jesus understands because He faced a similar situation as a human being.
- Flease note that there is no doubt about the realness and wrongness of the hurt.
- > No you can forgive the other people.
- > Start praying for them
- > Start asking the Lord's blessing, peace & love on them
- > Start loving them with His love.

Then you will be free!

The forgiveness of others who wronged or hurt us, past, present and ongoing, is difficult, it is a process and may take time. If you feel you cannot do it alone with the Lord, then ask the assistance of trusted advisors or professional counsellors.

Ongoing forgiveness by those in a relationship in the family, at school or at work where they are constantly abused and persecuted needs utmost Christlikeness and support from friends if possible. But they must follow Christ and forgive, love and pray for those that persecute or abuse them!

Let go of grudges against people - they are like bondages and may even cause illness!



Do you have anything against someone that you have not yet forgiven?

Start the process NOW by asking the LORD to help you forgive that person(s). (Time for silent prayer)

He did it.

Let's follow Him!

Forgive and start to be a blessing to those around you!

For children we stop here with step 1

Conclusion

Step 1 can be done by PS, Juniors and Seniors very well. Cement these principles well and the child will start a walk with God that will bring great blessing to him/her.

Chapter 7

STEP 2: MAKE FRIENDS or BUILD RELATIONSHIPS



Step 2 is a treat. Jesus requires us to be normal people who fellowship and build relationships with other people who does not yet know Jesus wherever we are, whether it is school, varsity, work or where we visit. Be friendly, normal and use normal language. NO Christianese!

For the trainer	Joy Sheet Ideas
Be friends	
 Quality of the relationship 	
 Do not compromise values 	
WITHIN THE FAMILY FIRST	
Why?	
 This is Jesus' example 	
 "Ugly" friends especially need 	
Jesus	
 What would Jesus do? 	
 Bible tells us to do so. 	
L-10-T Agents - Agent for Jesus	Mission L-10-T
What causes us to push people	
away from or attract them to	Snakes & Ladders (chutes) or
Jesus?	magnets
 Use the child as example; what 	-
(in someone else) will attract	
you to or push you away from	
Jesus if You know they follow	
Him?	
Which things are important?	How do I get rid of these things?
 Your language) (swear words, 	
gossiping about people)	Discuss.
 What you do (use of drugs, 	
fighting, smoking)	
 Your Clothing 	

 Your leisure activities (TV, electronic games) 	
What you listen (music)	
 Where you visit (friends who 	
do, talk bad things)	
 What should you change? 	
How do we handle: "But my	
father/mother does it"?	
 Honour father/mother (honour does not mean to agree with what is wrong) 	
 We all do wrong things 	
We can/should pray for them	
Long, medium and short term	Discuss and give examples.
relationships	Remember every contact or smile can
Remember the 18 steps!	move a not yet believer closer to Christ

Going back to the Adult L-10-T training manual for background information:

For Step 2 we have to look at people around us where we work, study, fellowship or play with the eyes of an evangelist: Do they need Jesus in their lives? Do they bear the fruit of the Spirit? Are they openly Christian but their behaviour tells a different story?

Then you have to ask yourself about your relationship with those that obviously need Jesus or more of Jesus in their lives. Try to build relationships with them or fellowship with them.

Drinking a cup of coffee or eating with someone is the best way to start building a relationship. Remember that in this step you do not have to talk about Jesus!

For the few disciples in Jesus' time this step was really difficult, because they had a lot of religious rules such as what kind of food to eat and how to prepare it. We do not have to worry about religious food rules but might find the food other cultures eat challenging. Be friendly and normal and use the language of the group where you fellowship.

Avoid Christian expressions which might sound foreign or weird to non-Christians, such as: "I am washed in the blood of the Lamb". We call this "Christianese". Avoid preaching and moralising!

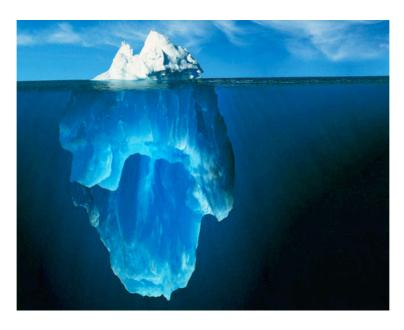
What about introverts who find it difficult to initiate relationships? People understand that we are all somewhere on a continuum between extroversion and introversion. So do what comes natural to you. If you do not initiate relationships easily, try to be ready to

respond when your target audience comes to speak to you. People know that introverts are normally good listeners!



We should also look carefully at our present and future relationships. When fellowshipping with friends, it is important not to compromise and try to do what they do, such as swearing, getting drunk, loosing your temper, getting high, have sex before marriage, flirt or doing anything against your moral values.

Ensure that there is nothing in your behaviour or language that will put people off you as a person or Christian.



Doing L-10-T step 2 is like an iceberg. The 10% that shows above the water is our outward friendship building. The very important but dangerous unseen 90% is our outward behaviour:

- > Language and expression (jokes, gossip, swear words, using name of God, Christianese)
- > Emotions (outbursts of anger; argumentative, meaningless arguments)
- > Attitude (positive, negative, condescending as a Christian)
- Annoying habits (to do with the ear, crotch or nose etc)
- > Things you do (drugs, flirting, extra-marital sex)

Can you think about anything in your behaviour or language, between friends, at work, or in any role you play which you should not be doing if you want to portray Jesus without words?

Then discuss how to get rid of it!

We want our new friends to be able to really trust us!

Chapter 8

STEP 3: MEET NEEDS

From the adult training manual:

In step 3 you respond to the immediate felt needs of the people you meet wherever you go. One of your friends might express a need such as, a parent who became ill, the need for money to catch a bus/taxi, job loss, loss of a family member, computer crashed, pipe leaks at home, desire to study further but aren't able to, company not profitable, important tender being submitted, loss of pet or others needs.



Our **response** on hearing of such a need, is at an appropriate time, to assist **physically** by giving some money or resources (only if you can) or by lending a helping hand (refer James 2:15-16); or assist **emotionally** (e.g. by empathising) (refer to Heb 3:13) **and/or** by praying about the need - bringing His BIG HAND in to assist!

☐ Read James 2:15-16

15 Suppose a brother or sister is without clothes and daily food. 16 If one of you says to him, "Go, I wish you well; keep warm and well fed," but does nothing about his physical needs, what good is it?

Read Heb 3:13a

13 But encourage one another daily, as long as it is called Today,

There are three levels of prayer in Step 3:

If someone expressed a need:

- ① You might pray silently or with a friend (everyone can do this!)
- ② Ask the person if you might pray with him/her for the need. This can be a simple prayer with the person concerned, usually away from the group.

You may ask anyone you meet (even telephonically):

3 You may ask the person if they have a need that you can pray for (everyone is walking around with some or other need or desire every day).

For the trainer	Joy Sheet Ideas
What is the need in your	Each can say what he/she has heard
environment?	
 What disturbs people 	
 Look at he "bless hand" 	

(acronym)	
What would Jesus do?	
Why us then?	
 We should do as Jesus 	
 Mat. 25:31 - 46 	
 Child with loaves and fishes - 	Which needs have you observed?
he assisted by bringing what	
he had.	
Assist by doing something e.g. assist	
your father/mother/ grand	Model the correct behaviour
father/mother/ brother/ sister	
Involve the child in the cell group/	
home	
Assist by speaking - encouraging	
AND/OR	
PRAY	
 Silently 	
 Pray out loud for people that 	Role-play
name a need	Make the child's first outside prayer
 Ask about a need then pray 	positive
If you get a NO	
 It is not personal 	Role-play
 Then pray silently 	Feedback and support important
Add the importance of the leading of	
the Holy Spirit and observing what	
happens.	
For the Seniors one may also start to	Refer to Adult Training Manual
explain the possibility of asking	
about the needs of organisations,	
such as their school	

Whenever you pray for people in public (level 2 and 3 prayer) do it with great sensitivity and without show.

Read Mat 6:5

5 "And when you pray, you shall not be like the hypocrites. For they love to pray standing in the synagogues and on the corners of the streets, that they may be seen by men. Assuredly, I say to you, they have their reward.

The wonderful thing about praying for a need is that if you ask a person if it is okay to pray for the need, most people - Christian, Muslim, Hindu, New Age or atheist - will say yes.

IF they say No - then you say "OK" and simply turn away and pray for the need (if known) and the need shouted out by their 'No' silently.

What is the difference between silent and direct out loud prayer for a need? God hears all prayer but direct out loud prayer (level 2 and 3) is visible caring which brings the Lord in contact with the other person. When you do this you will experience the initial surprise and then absolute thankfulness for the prayer.

DO ROLE-PLAY TO PRACTICE DIFFERENT LEVELS OF PRACTISING STEP 3. Note comments.

Which one of the three levels would you feel most comfortable with at this stage? Why?

Start Levels 2 and 3 prayers with family and friends (if that is easier for you) and expand to strangers as you get bolder. Remember L-10-T is not a competition or project with a limited time span! L-10-T is a new life style! Allow yourself to experiment with this **new life style** in your specific environment from Monday to Saturday. DO NOT limit yourself by thinking you will never be able to pray out loud in level 2 or 3 prayer! Once you have experienced the blessing it brings you will never stop again!!

For more information: refer to the Adult L-10-T training Manual.

Chapter 9

STEP 4: TELL ABOUT JESUS



From the Adult Training Manual:

The fourth step is to evangelise as you always did, if you are a direct evangelist. If you feel you are a direct evangelist but did not yet get training on how to do direct evangelism - get it as soon as possible (contact your minister or us for a list of possibilities).

If you are one of the 96% who do not have the gift of direct evangelism, be ready to answer questions that anyone may ask you about your faith, why you care or pray for people or why you kneel (30 Second Kneel Down) when you pray.

Answer only the question and no more! Many people are moved (by the Holy Spirit) to a decision for Jesus in their lives. Remember the 18 micro-decisions they make on their way to salvation. They watch people like you, who they know are Christians. They only need the information for which they ask. The next question may come in a few weeks' time. Just do your part!

Read 1 Cor 3:5-7:

5 What, after all, is Apollos? And what is Paul? Only servants, through whom you came to believe—as the Lord has assigned to each his task. 6 I planted the seed, Apollos watered it, but God made it grow. 7 So neither he who plants nor he who waters is anything, but only God, who makes things grow.

Read Luke 9:26

26 If anyone is ashamed of me and my words, the Son of Man will be ashamed of him when he comes in his glory and in the glory of the Father and of the holy angels.

We should always be ready to share our faith in Jesus.

For the trainer	Joy Sheet Ideas
Why?	Refer to chapter 3
It is a blessing for people to know Jesus	
as Saviour	
Listen to what the Juniors and	

Seniors say to establish where they	
are - you should also have gained this	
knowledge in the lesson based on	
chapter 3	
When should we tell someone about	wwww.hhm
Jesus?	who, what, where, when, why, how,
• Our friends	how much?
Your story about why you are a child	Use hand movements
of Jesus.	Wordless book
Gospel message in a nutshell (Joh. 3:16)	Evange Cube
If you bring the good news first pray	Lvangecabe
and ask the Holy Spirit's assistance.	
, ,	
They should ensure that their friend has assurance about his/her faith!	
has assurance about his/her faith!	
"For Agents" Send the message or	
answer questions about their faith.	
Pray for the lost or people with special	
needs. We can also ask the Holy Spirit	
to prepare people and to send	
evangelists to someone to tell them	Form for Take Five
about Jesus.	Simple
45041 (10545.	Extra tool - prayer calendar
Teach the children to use the colours in	Extra root prayer carenaar
beads or in a small colour page booklet	
to tell the gospel story and lead people	
in the sinner's prayer.	
Take Five	
Connection with the Boiler Room is very	
important.	When you brush teeth
Talk to Jesus about people that are	When you comb hair
unhappy before you talk to them about	Paste their names in a visible place
Jesus.	(fridge magnet)
Things to remind you to pray	Place mats
Use the Hand as your symbol	acc marc
OSC THE FIGHT GS YOUR SYMBOL	

More background from the Adult L-10-T training manual:

To ensure that you are prepared to answer questions about your faith or your testimony about how you came to Christ, jot down some notes regarding this:

My testimony in a 3-minute story/Or Why I believe in Jesus Christ as my Saviour (No Christianese!)
Now share your testimony with someone!
Please note: We recommend that everybody do a direct evangelism course (without the practical if you are one of the 96%!) in order to prepare yourself as well as possible to evangelise or answer questions about how to accept Jesus as Lord and Saviour.
We expect that after doing L-10-T for some time, more and more people will be empowered by the Holy Spirit to evangelise directly!
TEACH EVERYONE HOW TO CARE FOR EVERYONE WHO CAME TO CHRIST - THE START OF DISCIPLESHIP (refer to Chapter 4 of this manual).
Whether you are an evangelist or not - what do you do about the people around you that obviously need the Lord Jesus Christ in their lives? YOU CAN TAKE FIVE!
TAKE FIVE (an application of L-10-T to the unsaved/backslidden)
Take Five is a 5 step/finger prayer evangelism strategy which you may effectively use to pray for people, whom the Lord has shown you, who need the Lord's blessing in their lives.
First of Five: Make a list of one to five people/families you know who do not know Christ or who has backslidden or who need the blessing of the Lord in their lives.
1 2
3 4
5
Second of Five: Spend one minute each day praying for each of the people for their salvation or restoration and any other specific need that they might have.
When you pray for them, pray for five things : Body, Labour, Emotions, Socia

pray for the five persons/families.

relationships and Spiritual salvation according to the BLESS acronym (see Step 1). You may add other things to pray for, but start by using these five prayer pointers as you

When you pray for the **salvation** of people, you can also ask God that, through the power and work of the Holy Spirit, people will start to ask themselves the following questions:

- > Whom can I trust?
- > Is their a higher purpose in my life?
- > Will I ever be free from my cares?
- > Where will I go when I die?
- > Why do I hate God? / Why do I run away from God?
- > How can I better handle my problems?
- Where will I be safe? / Who can protect me?
- Third of Five: Specifically care for these people by using step 2 and 3 of L-10-T on them very specifically at every opportunity but it must be genuine!!
- Fourth of Five: Be ready to share the good news of Jesus with them or answer questions as in L-10-T Step 4
- Fifth of Five: Persevere with the prayer for the people on your list until they meet Jesus or for at least one year (and longer if it is family).

FIVE PEOPLE; FIVE MINUTES; FIVE PRAYERS; FIVE THINGS; FIVE SOULS!

Is this too much to ask?

Seniors may start with Take 5 Plus:

Refer to the Adult training Manual.

Chapter 10

THE RETURN MAKING L-10-T A LIFESTYLE!

L-10-T changes lives - firstly yours and then those with whom you L-10-T.

Let us read what happened to the Luke 10 disciples as they returned:

17 The seventy-two returned with joy and said, "Lord, even the demons submit to us in your name." (Luke 10:17)

Likewise ordinary people like you and me are returning from wherever we have been during the week with glowing faces and reports of the wonders that GOD has done in the lives of the people touched by Him through us.

Jesus' reaction to the disciples' return should tell us everything:

Read Luke 10:18-19; 21; 23-24:

18 He replied, "I saw Satan fall like lightning from heaven. 19 I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you. ... 21 At that time Jesus, full of joy through the Holy Spirit, said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was your good pleasure. ... 23 Then he turned to his disciples and said privately, "Blessed are the eyes that see what you see. 24 For I tell you that many prophets and kings wanted to see what you see but did not see it, and to hear what you hear but did not hear it."

Jesus rejoices greatly and gives us a glimpse of the **spiritual impact in the heavenlies** if we L-10-T. He even rejoices to His Father about it and in vs. 23 turn to His disciples and marvels about what they together have seen.

THAT IS HOW JESUS WILL REJOICE TODAY IF YOU START TO L-10-T!

From vs 19 we also learn that we do not have to fear when we L-10-T!

For the trainer	Joy Sheet Ideas
Come and tell your stories	During training
 As the disciples did in Jesus' 	
time? Luke 10: 17-24	
Disciples came back with joy	

 Many things happened 	
 Jesus was overjoyed - to them, 	
to His father and disciples	
You must be able to tell your story	
(even after training)	
• Tell	
• Draw	
• Write	
Trainer should ensure that authority	
figures create feedback	
opportunities for the Juniors and	
Seniors.	
Beware of pride - when Jesus does	
something wonderful through you, be	
glad that He knows you – do not think	
you have been able to do anything in	
your own power.	
Summarise, Close loop Sending of	
Agents on the Mission:	
Close Loop: Confirm that Juniors and	Flash Cards
Seniors understand that when they L-	
10-T they:-	
 Do the Great Commission 	
 Second great Commandment 	
 First great Commandment (Talk 	
with God)	
 Imitate Jesus 	
 Assist those in need 	
Commissioning of Agents	

What now follows are extracts from the Adult L-10-T training manual as background:

The importance of daily or at least weekly feedback

Find a place where you can report back as the disciples did when they returned, such as a once a week report back or debriefing. This can happen at a Christian Association or club at school or work; with a friend or teacher; or in another group setting such as at home with the family. You may also report back in your cell group, congregation (on Sundays) or Sunday school. You may also use a virtual place to report back such as a Google Groups site set up for this purpose.

Why is regular feedback necessary?

L-10-T is a new lifestyle; as people we resist change. Our biggest enemy is plain forgetting to do it or telling ourselves now is not the time.

Regular feedback:

- > Assists us to remember
- > Assists us not to become lazy and stop
- > Assists us to internalise the new lifestyle
- > Motivates us as we hear others share:
- > Motivates us to do more even to pray out loud for needs or being bolder in telling about Jesus.
- > Encourages someone that may have experienced a No.
- > Encourages us to persevere and to touch more people with L-10-T.

You must take responsibility for your regular feedback session! It is vital in your new walk with the Lord!

The importance of choosing an L-10-T buddy!

Let them do it.

A Read	l Luke	10:20
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20 However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven."

Jesus knows us as people well and warns us not to think too much of ourselves if wonderful things happen when we L-10-T. If anything happens it is the work of the Holy Spirit.

We can also never say that any result has come only from our prayers. We believe He hears our prayers, but there may have been other factors (and prayers) too that played a role.

Waste no time to start or continue L-10-T-ing!

If you have not started yet, start within a maximum of four days of this training!

For the Trainer	Joy Sheet Ideas	
Commissioning of Agents		
Plan for the agents		
Feedback by agents		

The following are background material from the L-10-T Adult Training Manual

Read James 2:14-17

14 What good is it, my brothers, if a man claims to have faith but has no deeds? Can such faith save him? 15 Suppose a brother or sister is without clothes and daily food. 16 If one of you says to him, "Go, I wish you well; keep warm and well fed," but does nothing about his physical needs, what good is it? 17 In the same way, faith by itself, if it is not accompanied by action, is dead.

Now that you have completed your training the next 21 days are critical to form a habit of doing L-10-T. Use the accompanying table to monitor your first 21 days of L-10-T-ing - you will do as you measure!

It takes 21 days to form a habit; 21 months to change a lifestyle! (From the 30KD manual). So persevere for at least 21 months!

Tell how you will persevere until L-10-T is a lifestyle:

Let us make L-10-T a Lifestyle



DAY NO/ DATE	WHAT DID YOU DO?	WHAT HAPPENED?
Example	When I entered the shop I prayed for God's blessing on the place, staff & customers	I looked differently at those around me.
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
21		

CHAPTER 11

A Model (or Example) Luke 10 Transformation Implementation for Children and Families

(with acknowledgement to Rudi and Merinda Nagel)

Introduction

L-10-T (Luke 10 Transformation) is an exciting and radical new way to follow Jesus (introduced by Jesus Himself almost 2 000 years ago!).

Luke 10:1-9: Jesus sends out 72 disciples

Tell the story in true story telling format and discuss. How do you think the 72 disciples felt when they got the instructions? How would you feel if you got the instructions? Is the harvest (people who need Jesus in their lives still big where we live?

Four steps can be extracted form Jesus' commands in the above passage to give the ordinary Christian some guidelines on how to follow Jesus in society today.

These are the rhymes for the 4 steps that you can rap and let the children rap:

1. BLESS AND CHAT WHERE YOUR FEET ARE AT

Ask the Lord for his blessing, peace and love on the places you go and the people you encounter every day.

2. LINK UNTIL THEY'RE ON THE BRINK

Build relationships

3. PRAY, AND HELP NEEDS GO AWAY

Pray and help where you can

4. WHEN THE TIME IS THERE, IT'S JESUS YOU MUST SHARE

Tell about Jesus

Everyone Can L-10-T

- There is no need to go to special meetings to L-10-T! You can do it as you go about your everyday life, from Monday to Saturday (and Sundays as well!)
- Everyone younger than a 100 must be able to do it
- L-10-T is not a religion or a church!

L-10-T is a practical way to live out your faith and your relationship with God Almighty every day.

L-10-T is a process. It is not just a case of acknowledging certain truths with your mind, but rather a joint effort to create a change of heart in children. It is to teach them to care about others in need, and to make a difference in the world, based on their relationship with Jesus.

This model Luke 10 Transformation implementation is intended for families to train L-10-T together, but can off course be applied in teaching PS and Juniors in any setting. Modify to suit for Seniors!

Prayer Plan for Family Growth (whether taught as a family or not)

How are we as families doing regarding God's Commandments? How can we help each other to grow? Pray for each other and love one another. Pray together as a family and measure yourselves against the Commandments of Jesus. Write down a plan that will enable you as a family to be obedient to His Commandments.

Jesus' Commandments

In chapter 4 "Following Jesus" we looked at some of Jesus' commandments. Tell the following verses in true story telling format and discuss. In John 15:9-16a He explains how important it is for Him if we follow His commandments.

- Matt 28:19-20a The Great Commission Go and tell about Him
- Acts 1:8 Where to tell about Him. Our Jerusalem is our community
- Matt 22:37-40 Commandment Love God and your neighbour
- Matt 25:31-46 Love & service to the less fortunate
- Matt 7:21-23
 It is not about great deeds, it is about KNOWING Him and Him us
- Joh 15:9-16a Love one another as He loved us (Mark 12:33)

The Importance of building relationships in the family

Start as a family by playing together, building relationships with one another. Get to know and enjoy one another. You will be able to touch your child's heart and share Jesus with him if you start playing with your child.

BE LIKE JESUS

Families divide in pairs. Person A is blindfolded. Person B guides him/her around, assisting without words.

On returning, reflect on the following:

- How did not being able to see where you were going make you feel?
- How did it feel to have somebody next to you who could help you?
- How did helping your brother/sister/mom/dad make you feel?

Tell the story of the blind Bartimaeus in Mark 10 as a true story.

The NIV Bible version is:

Mark 10:46-52 (NIV)

⁴⁶ Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (that is, the Son of Timaeus), was sitting by the roadside begging. ⁴⁷ When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!"

⁴⁸ Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!"

⁴⁹ Jesus stopped and said, "Call him."

So they called to the blind man, "Cheer up! On your feet! He's calling you." ⁵⁰ Throwing his cloak aside, he jumped to his feet and came to Jesus.

⁵¹ "What do you want me to do for you?" Jesus asked him.

The blind man said, "Rabbi, I want to see."

⁵² "Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road.

What do we learn from the story? Discuss

- How do you think Bartimaeus felt when the people told him to be silent?
 (People feel rejected/hurt)
- How do you think Bartimaeus felt when Jesus called him?
 (Accepted, excited, I matter to somebody, Jesus cares.)
- How do you think Jesus felt when He saw the blind Bartimaeus standing before Him?
- What do you think went through Bartimaeus's head when Jesus asked him, "What do you want me to do for you?"
 - (I am significant enough for Jesus to ask me, Jesus loves me, Jesus cares)
- Why do you think Jesus asked Bartimaeus what he wanted Jesus to do for him?
- Didn't Jesus know?
 - (He wanted to hear from Bartimaeus himself. He wanted to listen to his needs.)
- What did Jesus do when Bartimaeus asked Jesus to heal him?
- How did Jesus do it?
 - (Jesus healed him, He addressed his need. He could do it because He is the Son of God.)
- If you want to be like Jesus, is there any aspect of His behaviour in the story that you can imitate?
 - (Go to people in need, show them love and respect by being friendly and listening to them.

Ask them what their needs are and pray over it.

If you can, do something - even if it's very small - to help alleviate their need.)

Challenge

In L-10-T we try to be more like Jesus. We want to treat people the way Jesus would treat them. We want to show them love and respect, we want to listen to their heartache and suffering, and we want to pray for them. We can't heal them or solve all their problems, but we serve a God who can.

Know Jesus

- 1. What did Bartimaeus hear, who was in the crowd coming from Jericho? See Mark 10:47 (Jesus of Nazareth).
- 2. What did Bartimaeus shout when he cried out to Jesus? (Jesus, Son of David, have mercy on me!)
- 3. How do you think Bartimaeus knew who Jesus was? (Somebody must have told him)
- 4. What did Bartimaeus mean when he cried, "Have mercy on me!"? (Help me, please!)
- 5. What did Bartimaeus know about Jesus that made him ask Jesus for help?
- 6. How did Bartimaeus know that Jesus could help him? (Somebody had to have told him.)

To know Jesus

Invite Jesus into your life, know Him, To know of Him is not the same as knowing Him. Also for Him to really know us!

Let's ask a few questions (As the parent/teacher, you can use these questions to make sure that your child really accepted Jesus as his/her Saviour)

- 1. Is there a difference between knowing Who Jesus is and truly knowing Him?
- 2. What is the difference?

 (One is knowing about Jesus, the other is about belonging to Jesus as His child.)
- 3. What causes some people to be children of God while others aren't? (Find out what the children believe, false perceptions, etc.)
- 4. How do you become a child of God? (Explain the Gospel very basically using these **different colours**. Place the respective colours on the floor as you speak about them, e.g. big beads or coloured paper)

WORDLESS BOOK

GOLD God is my Father - God who created Heaven and Earth, I am created to live in relationship with Him

BLACK I am sorry - sin or not being obedient to God has become a wall between me and God

RED Blood of Jesus - By His blood we are forgiven, and we become part of Him

By accepting the salvation Jesus has bought for me by His death on the cross and His resurrection and victory over sin and everlasting death our relationship has been restored. This is done by a prayer to Jesus.

Pray for spiritual growth to follow Jesus and do this day by day for the rest of your life.

BLUE

Ask Jesus for the outpouring or baptism of the Holy Spirit in our lives (If you or your denomination/church does not believe in a separate baptism of the Holy Spirit you may omit this colour. We suggest that you keep it and teach the child to walk with the Holy Spirit every day using this colour)

GOLD

GOLD

God is my Father - God who created Heaven and Earth, I am created to live in relationship with Him and now I can really live it!

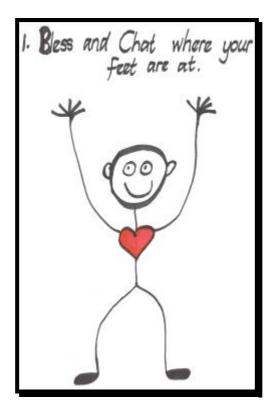
- 5. If there is someone who understands for the first time how he/she can become a child of God, what will such a person be able to ask the Lord?

 (Take away my sins, make me your child. Don't be afraid of repetition.)
- 6. Now you can talk to the Lord as a family or in pairs. Sit together. You can also lead your child. Maybe someone has already explained to you exactly how to become a child of God maybe you have known that you are his child for a long time already. Then you can thank Him today that He has made you His child, and that you can belong to Him.

Maybe someone hasn't yet explained to you how to become a child of God. Today you can ask Jesus to take away your sin and to make you a child of God. Everyone is going to talk to the Lord quietly, and talk to Him about anything you want to. (Allow enough time for prayer.)

STEP 1 Ask the Lord's blessing or peace everywhere you go BLESS AND CHAT WHERE YOUR FEET ARE AT

Be a blessing by praying for that place. Bless the people at all the places you go to, and pray for them - either silently or with your friends and family. Also ask His blessing on the tasks we do, such as going to each class, doing homework, etc.

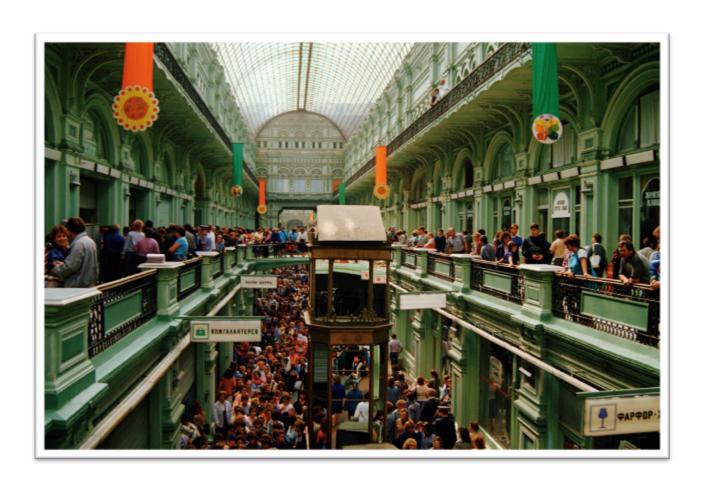


Our little character has his eyes wide open to see people, ears wide open to hear what they say, and a heart to feel about them the way God does. He's got both hands in the air in order to bless - 5 fingers on each hand - BLESS

- 1. We visit several places and people every week, on our own and as a family.
- 2. Show a picture of a 'Building with people inside/outside' and a picture of 'eyes and ears that are shut'. (The sample picture has ears shut only). Let them shut their eyes.
- 3. Talk about the picture of the building:
 - This represents the places we go to during the week.
 Make a list of places you normally visit during the week.
 - What do you think we can ask God when we pray to Him to bless these places? Use your hand, every finger represents an aspect of your life, we use the word BLESS
 - B Body: Health, Protection, Power

- L Labour/workplace/school: Work, Income, Security
- E Emotions: Joy, Peace, Hope, Love
- 5 Social: Marriages, Family relations, Friends, Neighbours
- S Spiritual: Relationship with God, Salvation, Faith, Grace, Compassion, Spiritual Growth
- For example, this is how you can pray for your friends and teachers:

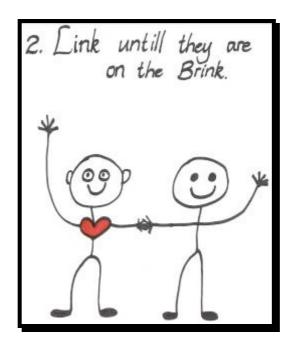
 'Dear Lord, please touch the Teachers, Staff members and Students in this place (your school's name). One touch from you, Father, can change somebody's whole life today. Touch them through this prayer or in any way you would like to use me for that purpose. Amen'
- 4. Talk about the 'Eyes and ears shut'-picture
 - The Bible teaches us that satan shuts people's eyes and ears, so that when God speaks to them, they don't realise that it is the truth.
 - We can ask God to open people's ears and eyes so that they may know that what they see of God in our lives, really is the truth. God must help them to see that He really is God.
 - Pray that God would open people's Ears and Eyes.
- 5. Do you know what happens when God's children pray about something? God says: 'The prayer of a godly person is powerful. It makes things happen.' James 5:16, NIV
- 6. Divide the family into pairs and ask God to open 'Ears and Eyes'.
- 7. Off course we also ask the Lord to bless our family and each one in the family discuss.
- 8. Everything we do should be done to honour God. So we should ask His blessing on it and thank Him when we have completed the task. Talk about what different tasks everyone in the family do everyday and how you can start these prayers and thanksgiving everyday.





STEP 2 Make Friends and Hang Out with them

LINK UNTIL THEY ARE ON THE BRINK



- 1. Building trust with people through Friendship and by being a regular person.
- 2. To TELL about JESUS, WITHOUT TALKING about HIM let your behaviour SPEAK ABOUT Jesus
- 3. Having cool drink with somebody or eating with them still is one of the best ways to build a relationship Hang out with your buddies.

BE A BLESSING by being without sin - Be 'clean':

We cannot be a blessing to our new friends if we are full of sin. By that we push them away from Jesus!

1. Role-play

Person A stands to one side with a white towel and asks Person B (with dirt on his hands) to give it to Person C with the following message: 'God loves you, that is why I am giving you this gift.' Person B handles the towel enough for it to become full of dirty marks (through carelessness, dropping it, "flicking" it) before giving it to Person C. Person C refuses to take the towel. Folds arms and says: 'I don't want it! Gross, man! It's dirty. What kind of a gift do you think you're giving me? Somebody who loves me won't send me such a dirty gift!'

- 2. Talk about the Role-play:
- What did you see?
- Why didn't Person C want the gift? (Dirty, spoiled)

- Was it a good gift to start with? (Very good)
- So what went wrong in the meantime? (Person B messed it up)
- What gift does Jesus ask us to give to others?
 (His love, tell others about Him)
- Is it possible for us to mess it up too? How? (We are full of sin, not loving)
- What can we do to ensure that we give God's message and love to others like a "clean towel"?

3. Explain Repentance of Sin, and Forgiveness:

- It's a fact that sin prevented us from being God's children by keeping us from Him.
- Because we asked Jesus to take away our sins, He has made us His children.
- When we sin again, we still remain God's children, BUT sin has other negative effects.
- Think about the way you feel and the things that happen when you disobey your mom or dad. What happens, and how does that make you feel?
 Yes, it makes you feel so guilty that you may not feel as if you can ask your mom or dad for anything. Or it prevents you from talking to them and getting good advice.
- The same applies to our Heavenly Father. When there is sin in our lives, and we haven't asked Him to take it away, it is possible that:
 - We can't hear His voice clearly anymore
 - o You don't feel like reading your Bible or praying, or you feel too guilty to do it
 - When your life is full of sin (e.g. cussing, fibbing, not having respect for others) and you tell others about Jesus, they only see the "dirty marks on your towel" (your unloving attitude, your sin) to the point that they don't want to accept God's gift (His message of love) from you.
 - o God cannot use you as His witness as much as He wants to.

4. Practically:

- What do we call asking Jesus to take away our sins? (Repentance of sin)
- How do you do it? (Ask Jesus/Holy Spirit to point out sin in your life)
- (Be still and let the Holy Spirit remind you of sin)
- (Tell Jesus about your sin and ask Him to forgive it. Mention it by name)
- Family members confess sins, parents to lead children.

BE A BLESSING by being God's 'Head, Heart and Hands':

- 1. Show them a **white** towel/washcloth This white washcloth reminds me of repentance.
 - When we see the white washcloth, we remember that we have confessed our sins, and that Jesus has forgiven us.
- 2. Place three pictures upside down on the white towel or washcloth:
 - a head
 - a heart

• a hand

These three pictures represent the things we would like to ask Jesus.

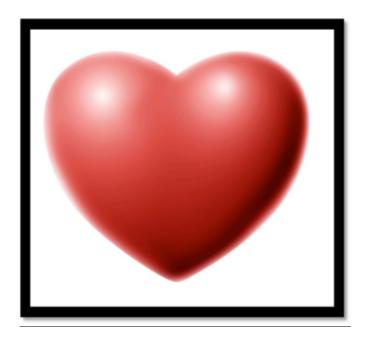
- 3. You can turn around any picture, and then we'll talk about what you think it means: (Lead the children to arrive at the right answers)
 - Head As the Lord to give you His mind. During the week we visit many places
 and we are bound to see and talk to many people.
 We now ask God for wisdom so that we may know what to say or ask.
 - Heart We ask God to show us how He feels about these people. We ask God that to help us feel about them the way He feels about them.
 - Hands We ask God to show us what He wants us to do. Maybe He wants us to give someone a hug. Maybe He wants us to simply give someone a glass of cold water.

4. Practically:

As a family, pray through each of these things. Take turns. Everyone prays for one thing. If you feel you would like to pray about something that has been prayed for already, feel free to do so.

- 5. Some relationships is for a short time some for a long time
 - a. Discuss how one can ensure that any meeting with another person (stranger or not) can have an impact whether you build the friendship for a long time, or whether you see the person for a few weeks or a few minutes.
 - b. Give examples of people that we meet on long term (friends at school, etc), medium term (people we meet on holiday, intermittent (people we see in shops we regularly visit) or short term (a Fuel jockey or cashier).
 - c. It is dangerous for children to talk to any stranger. Discuss how we can show Jesus' love in this way without putting ourselves in danger when we are alone.







STEP 3 Pray and Meet Needs

PRAY AND HELP NEEDS GO AWAY



- 1. Pray for the things you see and hear that people need or are concerned about while building relationships with the people around you.
- 2. If you hear about a need, you can help as follows:
 - Physically, e.g. by solving the problem or giving money or other things that may be needed.
 - Emotionally, by providing comfort and support.
 - Bringing God's big helping hand into the situation through prayer.

3. Three levels of prayer:

- Praying silently, or with a friend, for needs you hear about.
- If someone mentioned a need, asking the person whether you can pray for the need, and praying for it right there with them or when you leave, while you're driving or at home.
- Asking the person what his/her needs are, and praying for it out loud, there and then.
- 4. Always end your prayer: 'In the Name of Jesus, Amen.'
- 5. If there is no specific need, pray for God's blessing (Remember the Hand BLESS)
- 6. In addition to praying for "regular" places, families can also L-10-T in specific places, e.g. police stations, children's homes, old age homes, etc.

BE A BLESSING: Be an Intercessor (Somebody who prays/intercedes for somebody else before God)

- 1. Take out the white towel again. The white towel reminds us to confess our sins. It is important to give somebody else an unspoilt gift. Regularly spend time as a family to facilitate personal confession of sins.
- 2. Show the **head**, **heart** and **hand** pictures again. As a family, pray that we would imitate Jesus in the way we THINK, FEEL and DO.
- 3. Show the pictures of the building and the closed ears (and eyes) again. Pray for the places you visit and the people you meet as a family during the week. It would be great if you can make a family collage of all the places. Write notes, draw pictures or use photos anything that will remind you of those places. If you see it, it will be a reminder to pray for those places and a monument to the testimonies growing out of it.
- 4. So: We can also find out what the needs of places or organisations are and care for that. These are places such as shops, the school, where father or mother work, the police station, the hospital, etc. Then we can help, encourage or pray for those needs. Discuss, choose one and make it a family/class project.
- 5. "The prayer of a godly person is powerful. It makes things happen." James 5:16, NIV

BE A BLESSING: Under God's Protection:

We all have needs or concerns everyday. Moreover, satan attacks believers everyday (Eph 6:16; 1 Peter 5:8). So we should pray for protection.

Experience:

Let some children kneel in the middle of the group as if they're praying. Give the other children "balls" of crumpled up newspaper, which represent arrows. Ask them to throw these at the children who are praying. (Make sure to tell them not to throw too hard!) Gather up the newspaper balls and repeat the exercise, but with one important difference: This time the group forms a tight circle (facing outward) around two of the children who are praying. Only one or two remain to throw the newspaper balls. The idea is for the "arrows" (newspaper balls) to hit the members of the wall around the pray-ers, and not the pray-ers themselves.

Let's talk about the meaning of this:

- 1. What have we just done?
- 2. What do we learn from it?
- 3. Why could the balls/arrows hit the pray-ers the first time?
- 4. Why couldn't the balls/arrows hit the pray-ers the second time?
- 5. We are like the pray-ers.
- 6. Who is the one aiming shooting arrows at us all the time? (Satan)
- 7. Who is the wall around us that protects us from Satan's attacks? (God)

What does the Bible teach?

1. Let's read what the Bible says about the way God protects his children.

2. Read Zachariah 2:5

"And I myself will be like a wall of fire around it," announces the Lord. "I will be the city's glory."

That is what God promised the Israelites in Jerusalem.

3. We may also ask Him for this.

We may ask God to protect us, and that He will be like a wall of fire around us, and that his mighty presence will be with us.

- 4. Also read Ps 91:11: "The Lord will command his angels to take good care of you."
- 5. This is something else we can ask of God. We can ask Him to send his angels to protect us, wherever we go.

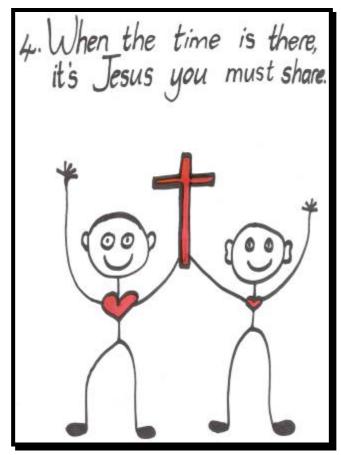
Practically:

- 1. As a family, form a circle around the white towel and the other pictures. The circle reminds us that we may ask the Lord 3 things concerning His protection.
- 2. They are:
 - That He will be like a wall of fire around us.
 - That His mighty presence will be with us.
 - That He will send His angels to look after us.

Pray for that in the circle. (Everybody can pray out loud simultaneously, or you can take turns praying for each of these.)

STEP 4: Tell about Jesus

WHEN THE TIME IS THERE, IT'S JESUS YOU MUST SHARE



If you have a friend who is ready to accept Jesus, you can lead them to Jesus.

BE A BLESSING: Share the Gospel

(Early on in the programme we learned how to become a child of God ourselves – now we will look at how we tell the Good News to others)

- 1. Explain the Gospel to each other as a family This is also a good opportunity to share personal testimonies with each other. (Invite your grandparents over one evening and have a time of testimony.)
 - Each child explains the symbolic meaning of one or more colours.
 - If they omit something or get something wrong, ask the other children to help them out.
 - If they continue to struggle, you can also contribute.
- 2. Let each child make his/her own bracelet with the colours of the wordless book.
- 3. Let the children in the family practise to explain the Gospel using their bracelets.
- 4. Ask one child to take off his/her bracelet and to explain the Gospel to the group.

5. Share: Now we have learnt how to tell others about Jesus.

The Bible teaches us never to think that we can achieve things on our own.

We must ask God to help us.

If God doesn't help us, people won't understand anything we try to explain to them, no matter how well we explain to them what the bracelets mean. Remember the blind eyes and the deaf ears we learnt about.

Pray as families and ask God to help you never to explain the meaning of the bracelet to somebody in your own power. Ask the Holy Spirit to remind you to always ask Him for help first.

TAKE 5

What about people you or the family know about who needs Jesus in their lives?

We can apply the whole of L-10-T on them everyday! We call it Take 5!

Look at the following diagram and identify the people you know. Do Take 5 on them everyday and watch how God change them. If they accept Jesus we take them off our Take 5 and add someone else in.

Remember we must still care for the people who accepted Jesus until they are strong in Jesus!

Pray over <u>5 areas</u>

- **1.** B Body
- 2. L Labour
- 3. E Emotions
- 4. S Social
- 5. S Salvation

You can also pray for other things, but start by praying these 5 things for your 5 people



Pray for each of these five people for 5 minutes each day

- ▼ That they would meet Jesus and become His children
- ♥ Or that they would turn back to God
- ♥ For any other need they might have

5 names of people

(Friends, Family, Teachers...)

1.

2.

3.

4.

5.

TAKE 5 Pray for 5 people you know who need Jesus!

<u>Care</u> for your 5 people

Do L-10-T Step 3 with them all the time. Listen to them.

Be prepared to share the GOOD NEWS OF JESUS and the Salvation He offers with them

Use your Bracelet to explain it to them

DON'T STOP PRAYING

Keep on praying for your five people

Persevere until they meet Jesus or pray for at least one year

If family is involved, don't ever stop praying!



THE RETURN

Have conversations in your family every evening about how everyone practised L-10-T during the day, what you have experienced and what God has done.

Luke 10:17 - The 72 returned with joy.

Luke 10:21 - At that time Jesus was full of joy through the Holy Spirit.

Tell, discuss and role-play the story of the return of the disciples in Luke 10:17-24

The same way Jesus and us rejoice if we do L-10-T today!

The Belt and Braces (suspenders for Americans) Story

or how we make L-10-T a lifestyle!

Jesus illustrated two ways in Luke 10 by which the disciples could encourage each other to keep on doing what He told them:

- Go two-two (the braces)
- Come back (to the group) and tell what happened (the belt)
- 1. Discuss in your groups how you can implement a belt and braces way so that us individually, group, club or the family can continue to do L-10-T.
- 2. We do not always go two-two (remember the PS and many Juniors will often have people with them outside the house). Who will you choose as your L-10-T friend or buddy?
- 3. In which groups will you meet to give feedback like the disciples did?
 - a. The family (daily?)
 - b. The club or Christian Association?
 - c. The class?

Now let us keep on doing L-10-T!



Chapter 12

Scheduling Luke 10 Transformation Training for Children

Introduction

This training manual has given guidelines for training the L-10-T steps to children and to make it a lifestyle. Due to the varying developmental stage of the audience we want to train (being Pre-Schoolers, Juniors and Seniors) no firm curriculum has been developed. This is left to the creativity of the trainer whether he/she be parent or teacher.

This is in contrast to youth and adult I-10-T training where the curriculum is determined by the adult training manual or Lifestyle DVD and the recommended time period is 12 contact hours which can be scheduled over a week-end or different sessions (usually 4 to 11).

Main Headings of a Curriculum

Chapters 3 to 10 will form the 8 main headings of any curriculum to teach L-10-T. Please note that they are different from Adult or youth training (due to chapter 3 coming first).

Time and Number of Sessions Available to Train

The time available to train will play a mayor role in the detail structuring of the curriculum.

For example: Say you want to train the example curriculum in chapter 11. The next step will be to fit the curriculum to the time you have available to train. The items that take time, especially when training children, is the time taken by discussion, role-play, drawing or making things in Joy Sheets. This can be worked out using your curriculum or using the Main Headings.

Different training settings:

- For training in the home the timing and curriculum can be very flexible.
- For training in a Sunday School set-up, the training curriculum has to be worked out and time slots given. It also depend if you are already following a set curriculum for Sunday School. Then you have to plan how you are going to fit L-10-T in. Also remember that L-10-T's feedback sessions continue every Sunday after the training is done to make it a lifestyle. For this you need only 10-20 minutes, again depending how much time you have available.
- For training as a course over several sessions or a week-end, you will again work out your curriculum, allocate times and adjust to suit the time available, if necessary.

• If you are training in a School Association or club and have to fit in the training in breaks, you usually have small time periods and have to adjust your breakdown of the curriculum accordingly. Also remember to allow some time for feedback weekly after you finished the L-10-T training.

Time pointers on training the three age groups:

Pre-Schoolers: Depending on age you might not even train in all the Main Headings. Our advice on curriculum for Pre-Schoolers is: Determine what you want to train and then do it well - leave enough time but keep it moving and interesting. What is the rush? Every principle in L-10-T that you can lay down at this age will be used for a lifetime! The continuous feedback is extremely important.

Juniors: The development profile is high, so you as trainer who knows your audience will adjust your curriculum and time accordingly. You can train almost everything, but again - there should not be a great rush because the soil is extremely fertile at this age. Again the continuous feedback and the effect of buddies are very important.

Seniors: You can easily develop a good curriculum and execute it with the Seniors. Again your continuous feedback and the buddy-system to make it a lifestyle will be extremely important.

Contact us

If you have any doubt about your curriculum and timing, do not hesitate to contact the L-10-T head office for advice. Our contact details follow:

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