



LUKE 10 TRANSFORMATION

TRAIN-THE-TRAINER MANUAL FOR TRAINING L-10-T WITH THE LIFESTYLE DVD



Training Youth and Adults

L-10-T TRAINING USING THE LIFESTYLE DVD

TABLE OF CONTENTS

Page

Section A:	USING THE L-10-T LIFESTYLE DVD TO TRAIN YOUTH & ADULTS	3
Section B:	THE QUESTIONS IN THE “GOING DEEPER” PART OF THE LIFESTYLE DVD	7
Chapter 1	The Need	7
Chapter 2:	Introducing L-10-T	9
Chapter 3:	Step 1: Bless	12
Chapter 4	Step 2: Build Relationships	17
Chapter 5:	Step 3: Meet Needs	20
Chapter 6:	Step 4: Tell people about Jesus	23
Chapter 7:	Take 5	26
Chapter 8:	The Return	28
Chapter 9:	Let’s go	31
	CONTACT DETAILS	34

Section A:

USING THE L-10-T LIFESTYLE DVD TO TRAIN YOUTH & ADULTS

Training Youth

Youth leaders have an exceptionally important task, because if they can inspire a young person to L-10-T, the effect will be multiplied over a lifetime. Our definition of “youth” is: high school or university student or approximately 13 to 25 years old.

It is very important for youth leaders to establish and maintain personal contact with students whenever possible.

We discuss this and other youth-specific guidelines in detail when we train youth trainers.

Can the paper based L-10-T Training Manual be used to train youth?

Yes, you can do that. When we train youth using the L-10-T Training Manual we do all the training the same way, but just concentrate on the main points in Units 3 and 4 (see the “Lesson behind the Lesson” in the Train-the –Trainers Manual).

The main way to train youth is now through the Lifestyle DVD.

The Lifestyle DVD does not need a training manual for every participant. Its training format is a film about 4 characters telling their L-10-T story which are watched in the first lesson (about 45 minutes) and then clips from the video are discussed in the next 9 lessons. It makes for lively training sessions. The film might be repeated in the eleventh lesson.

The 10 or 11 lessons – needs about 12-13 hours.

Due to the fact that everything in the DVD, even words on the screen, is spoken, the Lifestyle DVD can also be used for **primary and secondary oral learners** of all ages.

Participants may be given an L-10-T Training Manual or the shortened (4-6 A4 pages) summary of the L-10-T Training Manual to read as “homework” between lessons.

The Main menu of the Lifestyle DVD has two parts:

- Lifestyle – the movie (about 45 minutes)
- Going Deeper – going to a menu with 9 lessons where clips from the movie are shown and discussion questions are posed.

Training Adults with the Lifestyle DVD: The Lifestyle DVD is now being used to train many adult groups because the training contact time is full of discussion and not the working through of a manual with limited discussion time. With literate adults it is recommended that they read through the L-10-T Training Manual as homework. The Lifestyle DVD can also be supplemented with occasional references to the training manual

in class. Only the first few minutes of the film is “wild” and aimed specifically at youth!

The following table describes the training and how it fits with the L-10-T Training Manual.

Remember! You as facilitator/trainer should have your L-10-T Training Manual ready when you prepare to present with the Lifestyle DVD. It gives you all the necessary information and background to what is happening and what we want to achieve with every word in the Lifestyle DVD.

TABLE COMPARING THE LIFESTYLE DVD WITH THE L-10-T TRAINING MANUAL

Lesson No	Description (L-10-T Lifestyle DVD)	Notes	Section of the L-10-T training Manual (For reference or “homework”)
1	Show “Lifestyle” – the film with four characters.	“Lifestyle” is the first selection on the main menu. Approx 45 minutes. Let the students discuss how they feel about it and the characters.	A total overview of the manual in 45 minutes!
2	No 1: The Need (on the second part on the Main Menu: Going Deeper)	Please note that the information in Units 3 and 4 in the Training Manual is either not covered in the Lifestyle DVD or spread out between the different sessions. This is a very short section. It may be combined with lesson 3.	Read Units 1 and 3. This is a place where students get some of the important facts about Why we should do L-10-T from the Training Manual. If this lesson is done on its own be prepared to discuss some aspects of Unit 3 in class.

3	No 2: Introducing L-10-T (on the second part of the Main Menu: Going Deeper)		<p>Read Units 2 and 4</p> <p>This is another place where students get some of the important facts about Why we should do L-10-T from the Training Manual</p>
4	No 3: Step one: Bless (on the second part of the Main Menu: Going Deeper)		Read Unit 5
5	No 4: Step two: build Relationships (on the second part of the Main Menu: Going Deeper)		Read Unit 6
6	No 5: Step three: Meet Needs (on the second part of the Main Menu: Going Deeper)		Read Unit 7
7	No 6: Step 4: Tell people about Jesus (on the second part of the Main Menu: Going Deeper)		Read Unit 8 (Excluding Take 5)
8	No 7: Take 5 (on the second part of the Main Menu: Going Deeper)		Read Unit 8: Take 5 and Take 5 Plus
9	No 8: The Return (on the second part of the Main Menu: Going Deeper)		Read Unit 9
10	No 9: Let's go (on the second part of the Main Menu: Going Deeper)		Read Unit 10

11	Repeat “Lifestyle” – the film with four characters.	The first selection on the main menu. Approx 45 minutes	Lesson 11 is optional – but you will find that showing the entire film again will be good closure and can be followed by general discussion
----	---	---	---

Combine Lessons 2 & 3 should you want to have 10 lessons in total AND want to show the entire Lifestyle DVD again in your Lesson 10. The homework for the two lessons would then be Units 1-4, which is a lot. So in this case we recommend that Units 1 and 3 is given as homework in lesson 1, after the Lifestyle movie was shown and discussed.

The format for each of the 9 lessons in “Going Deeper” is as follows:

- Introduction by the presenter
- Clip from main video
- Discussion questions led by presenter (with a Pause indicator to allow questions to be on screen)

The discussion questions allow the learners to discuss each relevant issue and make it their own in that way. It allows them to identify with the L-10-T story each of the four characters is telling and to start to imagine their own story.

We cannot overemphasize the importance of thorough preparation by the facilitator/trainer.

Depending on your time available you might want to leave some questions out. There are repetitive questions in most sections about which character you identify with and a question encouraging different students to tell about the character’s development. Every student should participate in these questions in the course of the training, but not every lesson as it takes time. Determine this beforehand! Also watch the time you give to discussion on each question with reference to your training time available and make sure **you and each student** achieve what **you** want to achieve with the question. Where there are tasks – do not gloss over the tasks – make sure they are done by the individual or group(s).

The entire script of “Going Deeper” in the Lifestyle DVD and all the questions asked in the 9 sessions are section B of the manual.

It might be a good idea to use the checklist in Unit 10 of the L-10-T Training Manual to summarise each lesson (as applicable – see table above).

Notes: _____

Section B:

GOING DEEPER WITH L-10-T – THE QUESTIONS

In this section you find the words of the 9 chapters in the “Going Deeper” part of the Lifestyle DVD (only the words of the movie clips are omitted).

You as trainer might use this to prepare for the questions and schedule your training time. You should have the Lifestyle DVD with you.

L10T Lifestyle – (text on screen)

1: The Need

2: Introducing L10T

3: Step one: Bless

4: Step two: Build Relationships

5: Step three: Meet Needs

6: Step four: Tell people about Jesus

7: Take 5

8: The Return

9: Let's go

Main Menu

Legend:

- Green (or shaded) is text on screen (that is also the questions after each movie clip).
- Presenter's words are black on white
- *[Some important/helpful notes to trainers in italics in square brackets]*

L-10-T: Going Deeper – (text on screen)

Chapter 1: The Need

#1:

Welcome to Luke 10 Transformation. An exciting, lifestyle changing training course that will not only change you, but the people with whom you L10T... As we watch the first chapter of the 'L10T Lifestyle' listen carefully for some of the questions that many people of this generation are asking, and the types of needs that are out there...

Clip from Lifestyle movie

#16:

Have you been asking some of these questions? Can you relate to some of these people's frustrations and concerns? Do you also have questions about living out your faith?

#17:

The needs out there are numerous, and the questions are unending. How do you feel about this? What are some of the issues you can identify around you?

#18:

Often we keep all these thoughts and questions inside because we're afraid to express how we feel. But God is certainly not afraid of your questions, in fact, part of the process of being more Christ like is about really becoming honest with ourselves. One of the best ways to do this is through expressing ourselves, getting thoughts out and discussing this with others. You should be sharing your story and listening to those of fellow Christians around you anyway.

#19:

You are probably watching this in a group setting. These are the exact people with who you will be walking this exciting journey. Look around the room now, and ask God to establish a place of openness and trust amongst you. And as you work through this teaching, be as honest as possible, so that you can truly experience the impact of transformation in your life.

#20:

Take some time now, to think and discuss these points and discuss them in your group/ or if you are watching alone take a moment to reflect on the questions.

#21: (Oral & Text on screen)

What are some of the issues that you can identify around you with regards to how people respond to the church/Christians?

#22: (Oral & Text on screen)

What are some of the questions/ frustrations that you have when it comes to living out your faith and sharing your faith?

#23: (Oral & Text on screen)

And of course... how do you feel about this?

PAUSE – (Oral & Text)

#24:

Now you may have found through the discussion that there others who felt the exact same as you. It's important to keep talking about these things, and keep being real with yourself and others as you work through these teachings.

#25:

In your group there may be some mixed emotions at a time like this. Some of you may be excited to start with this new way of evangelizing, praying and caring for people in your community, where as others may be feeling a bit nervous about how you're going to begin, especially when it comes to interacting with others...

#26: (Oral & Text on screen)

Identify who the direct evangelists in your group are and those who aren't...

[You as trainer and your students should know who has or who has not got the gift of evangelism in the group. It helps all to understand each other.]

#27:

A direct evangelist is someone that has the gift to talk freely and challenge people at work, or a place like school, or in the street or wherever they are. They must talk freely about their belief in Christ.

PAUSE

#28:

You may be surprised to find that only a few people would consider themselves a direct evangelist – a person with a gift of evangelism, but research confirms that about 4% of believers worldwide do have the gift of evangelism. And even some of who do have the gift are not well equipped to use it!

#29:

So for the other 96% who do not have the gift of direct evangelisation, there is another way, and as we work our way through the different teachings and discussions, you will come to see how this will be a possibility. And those of you who are direct evangelists will find that L10T will make you much more effective.

Remember, that L10T is for anyone, anywhere.

#30: (Oral & Text on screen)

Chapter 2: INTRODUCING L-10-T

#31:

Over 2000 years ago Jesus introduced a teaching to his followers and this is what L10T is based on. This is an exciting, and radical way for Christians of all ages to follow Jesus. As we watch the next section, open up your heart to hear what Jesus was telling his disciples, and start thinking about what this means for you – as His follower today.

Clip from movie

#37:

L10T will show you how to make your faith practical and simple and how to live it out in your daily life.

#38: (Oral & Text on screen)

Read through and discuss the key verse - Luke 10:1-9 - together...

#39: (Oral & Text on screen)

Pick a person in the group and relay the verses in your own words.

#40: (Oral & Text on screen)

What strikes YOU as being significant?

PAUSE

#41: (Oral & Text on screen)

Discuss how you would feel if Jesus gave you that instruction today.

#42: (Oral & Text on screen)

Is Luke 10: 1-9 still relevant for today? Is the harvest (that is, people who do not know or have not accepted Jesus as the Saviour) still as plentiful as Jesus says in verse 2?

PAUSE

#43: (Oral & Text on screen)

[Be prepared for the statistics from Unit 3! Make sure you have a handle on your local statistics!]

Think about your town, city or country. How many people (as say a factor or percentage of the total population) do you think really have a relationship with God?

#44: (Oral & Text on screen)

How many people belong to false religions?

#45: (Oral & Text on screen)

How many people are nominal Christians? (This means they belong to a church but hardly go or even think about Jesus?)

PAUSE

#46: (Oral & Text on screen)

Do you know people who love Jesus but never go to church anymore?

#47: (Oral & Text on screen)

How many people say there is no God?

PAUSE

[Make sure your group agrees that the harvest is still plentiful in your community. Also make sure they know how this harvest look like – atheists, ethno-religionists, nominal Christians, believers, etc]

#48:

Having these discussions should have made it very obvious that the harvest is still plentiful in your town, city and country... This is why we need to be effective as Christians.

#49:

L10T is an application of Jesus' commands to the seventy disciples, but for our time in four easy steps as you have seen in the Main video. The steps are as follows:

#50:

1: Asking God's blessings, peace or love on all places you go; people you see or meet; and tasks you do every day.

#51:

STEP 2: Building relationships with people who apparently do not know Jesus as Saviour, around you every day of your life.

#52:

STEP 3: Meeting the needs of people around you by physically helping or encouraging them; or by praying silently or out loud.

#53:

STEP 4: Telling people about Jesus - directly if you are a direct evangelist, or by answering questions about your faith if you are not.

#54:

You can start to do these steps immediately, even though the coming sessions will deal with each on in depth.

[Encourage your students to start living the four steps as best they can and to come back and tell how it is going at the next lesson.]

#55: (Oral & Text on screen)

Discuss how each of you will begin to:

#56: (Oral & Text on screen)

- 1. Ask God's blessings on people, places and tasks?**
- 2. Build relationships with people who don't know Jesus as the Saviour?**
- 3. Meet needs of those around you?**
- 4. Tell people about Jesus or answer questions about Him?**

PAUSE

#57:

The steps of L10T can be done by all people of all ages whether you're 12 and still in school, or even up to a hundred years old... as long as you love Jesus and have a desire to live for Him. Even children aged 3 to 11 can do it - we all have a realm of influence no matter how old we are.

#58: (Oral & Text on screen)

Discuss whether your group, of whichever age you are, can do L10T in your environments? (Whether you're at school, university, or in the marketplace, at work, or even in a place of entertainment).

PAUSE

#59: (Oral & Text on screen)

Chapter 3: STEP ONE: BLESS

#60:

The principles of Luke10 Transformation are based on 4 basic steps. The first is to ask for God's blessing, peace or love on all the places you go and people you encounter during the week. As you watch this next chapter, begin to think of how can start applying it in your everyday environment.

Step 1: Bless - (text on screen)

Clip from Movie

#77: (Oral & Text on screen)

With which of the four main characters did you most identify with? Why?

[It will be interesting for all to see who the students are identifying with.]

#78: (Oral & Text on screen)

Choose someone from the group to tell the story of each character's development in L10T, as depicted in the video clip. Discuss this together in your group.

[Let one student do this based on the entire movie or this clip. This lesson is long so you might not have time for more than one.]

PAUSE

#79:

It's such a simple concept, and really anyone can do it. It's encouraging to know that the first part of a lifestyle transformation is as easy as a simple prayer with your eyes wide open...

#80: (Oral & Text on screen)

How are you going to start asking the blessing, peace and love of God on the people, places and tasks that you do every day?

#81: (Oral & Text on screen)

Think about it, write down some ideas, and discuss these in your group.

PAUSE

#82:

There is nothing more wonderful for a person than the Lord's blessing, and this doesn't only need to be kept for the individual. Part of Step 1 is about extending this blessing to organizations.

#83:

Examples are: your workplace or educational institution, shops, governmental offices, hospitals or even police stations.

#84: (Oral & Text on screen)

Think of some organizations in your own area. Write them down and discuss in the group how you can begin to bring or be a blessing to these places.

PAUSE

[REMINDE STUDENTS THAT THEY SHOULD ALSO PRAY FOR GOD'S BLESSING ON THE TASKS THEY DO DAILY AND TO THANK HIM AFTER THE TASK IS COMPLETED]

#85:

You may now want to discuss how you can extend this prayer of blessing on a person, by praying into several areas of life, by using the acronym BLESS to remind you...

#86: (Oral & Text on screen)

Pick a partner and practice praying for each other into the different areas like **Body (which is their health and protection), **Labour** (their work and financial security), **Emotions** (these are things like joy, peace, hope and love), **Social relationships** (like their marriage or family) and **Spiritual relationships** (such as their salvation and spiritual growth).**

PAUSE

#87:

Isn't it encouraging how easy it is to pray God's blessing on someone - you don't ever have to run out of things to pray. But while it's still easy to pray for someone that you like, you may still struggle with the idea of doing the same for someone you don't really get along with.

#88:

It's a key part of this Step and our walk with Jesus that we deal with unforgiveness in our life.

#89:

Take some time to pray into this area. Some unforgiveness is obvious, but there are also areas of our heart where the roots of bitterness are hidden, - ask God to bring these to the surface. Forgiveness is a process; firstly you have to acknowledge that the pain and the unforgiveness are there and that you cannot hold onto it. Know that Jesus understands this as he faced similar situations when He was a human being. Give your hurt over to him... to dispense with as He sees fit. Now you can begin to forgive...

#90:

And then you take it further and start to pray for them and ask for God's blessing, peace and love on them. Start loving them with His love! Now you will really be set free!

#91: (Oral & Text on screen)

Take some time now and identify who you might still have to forgive.

#92: (Oral & Text on screen)

Discuss any unforgiveness and bitterness in your life.

#93: (Oral & Text on screen)

Have silent or corporate prayer to begin this process of forgiveness.

PAUSE

#94:

Now, what happens after you've forgiven those who have wronged you? Is it necessary for you to now tell them, and to try to be reconciled with them?

#95:

Reconciliation requires the relationship to be restored, and it's not always necessary or wise to do so. This is a very sensitive situation and must be treated accordingly. Ask the Holy Spirit and trusted advisors for guidance.

#96:

If the people you have forgiven are alive, and the hurt is not ongoing and they know how you feel about them because of their poor behaviour towards you, then this might be a good opportunity to let them know that you have forgiven them and extend the hand of reconciliation. This might not be immediately met with a positive response and you may have to forgive them again. So think carefully or ask trusted advisors before approaching them.

#97: (Oral & Text on screen)

Discuss together if there are any people like this who are still alive and aren't still hurting you and who might know about your ill feelings towards them?

[Be very sensitive about this – some people might be in such situation and might not want to share!]

PAUSE

#98: (Oral & Text on screen)

Work out what will be the best way to approach these situations and to let them know that you have forgiven them.

Pray together about this in your groups, or in pairs.

[Be very sensitive about this – some people might be in such situation and might not want to share!]

PAUSE

#99:

Sometimes however it's maybe not the best approach to try and make contact again to tell the person you've forgiven them. Especially if the hurt is ongoing, or if those people do not know about your feelings

towards them.

#100: (Oral & Text on screen)

Are there any people in your life who still hurt you, or who do not know about your feelings of unforgiveness? Discuss this together now.

[Be very sensitive about this – some people might be in such situation and might not want to share!]

#101: (Oral & Text on screen)

Also discuss whether you might need to get help from a trusted friend or counselor.

#102:

The last step of the forgiveness process is that we forgive ourselves and forgive God.

#103: (Oral & Text on screen)

Why is it important to forgive God and forgive ourselves? Again discuss this with the group.

[Be very sensitive about this – some people might be in such situation and might not want to share!]

PAUSE

#104:

Forgiveness goes both ways though, and if you're the person in the wrong that needs to be forgiven, there's no debate according to Jesus. He says in Mathew 5:23-26; that you have to turn around and reconcile.

#105: (Oral & Text on screen)

Are there any people that you know you have wronged?

#106: (Oral & Text on screen)

Will you be able to apologize to them, rectify the situation if possible, and ask their forgiveness?

[Be very sensitive about this – some people might be in such situation and might not want to share!]

PAUSE

#107: (Oral & Text on screen)

How are you going to go about this reconciliation with them?

[Be very sensitive about this – some people might be in such situation and might not want to share! For others – discuss how they will do it if in such situation]

#108: (Oral & Text on screen)

Take some time to discuss this in pairs.

[Be very sensitive about this – some people might be in such situation and might not want to share! For

others – discuss how they will do it if in such situation]

PAUSE

#109:

Now that you have begun to deal with the very important process of forgiveness and reconciliation, you can take Step 1 even further.

#110:

Blessing people can be more than just a silent prayer. You can speak it , by affirming and encouraging people. This can be done to a Christian and a non-Christian because everyone loves to be encouraged.

#111: (Oral & Text on screen)

Discuss how you can start affirming people you know, as well as strangers.

PAUSE

#112: (Oral & Text on screen)

Practice this in the group setting.

#113: (Oral & Text on screen)

Firstly, find someone you know and affirm them for something.

#114: (Oral & Text on screen)

Next choose someone that you might not know and encourage them, even if you have to think about it for a while, always keep the encouragement sincere.

#115:

Through doing small acts of kindness you are actually becoming a blessing to people. This isn't necessarily about meeting needs, it's about doing something unnecessarily kind which makes them feel good.

#116: (Oral & Text on screen)

Think of some creative ways in which you can perform a random act of kindness for the people in your daily environment and discuss this with each other. You might even get some good ideas from each other.

[Remember this IS NOT meeting needs – it is doing “unnecessary” acts of kindness or blessing]

PAUSE

#117:

By now you should have a good grasp of Step One. You might find that you do this step more often than the others. You now have nothing stopping you from carrying out the first part of L10T and being a blessing to those around you.

#118: (Oral & Text on screen)

Chapter 4: STEP TWO: BUILD RELATIONSHIPS

#119:

Step 2 is a treat. Jesus requires us to be normal people who fellowship and build relationships with other people around us. Let's watch Chapter 4 and see some examples of why this is such a key part of the Luke 10 Transformation teaching.

Step 2: Build Relationships (text on screen)

Clip from Movie

#133: (Oral & Text on screen)

With which of the four main characters did you identify most? And why?

[Only if relevant and not done previously]

#134: (Oral & Text on screen)

Choose someone from the group to tell each character's development in L10T as depicted in the video clip. Again discuss in your group.

[Maybe another student can share – think stories!]

PAUSE

#135:

Start to think of the people in your environment that don't know Jesus. Discuss and write these down. How are you going to begin a friendship with them? As far as longer term relationships are concerned the idea is to first identify a few non-Christians who you aren't friends with yet, and start building relationships with them. It starts with one, then another one, and so on.

#136: (Oral & Text on screen)

Who are some of the people in your environment who don't know Jesus that you could begin a friendship with?

[Remember – these are not fake friendships. It is friendships started out of such a great love for a non-friend (stranger) because you want by all means to attract them to Christ. The friendship does not end if they accept Christ or if they refuse to accept Christ]

PAUSE

#137:

It's easier for some people to build relationships and fellowship than others. Introverts may find this step much more challenging. In your group you might have already identified the more outgoing and the more reserved people. Taking advantage of this dynamic, discuss together in the group how more introverted people can go about trying to socialize and build relationships with people. Get some ideas from the

extroverts in the group.

#138: (Oral & Text on screen)

What are some creative ways in which you can initiate conversations with strangers?

#139: (Oral & Text on screen)

To help you, role play a situation in which you can strike up a conversation with a complete stranger.

PAUSE

#140:

Remember also that introverts usually make the best listeners, so make the most of this part of your personality, and be a person that others can trust and confide in.

#141:

Also remember that relationships don't always look the same or have the same outworking. Some connections may be short to medium term (for example during a mealtime, or a holiday) and some may be long-term (like a work colleague).

#142: (Oral & Text on screen)

Discuss some examples of short, medium term and long term relationships.

PAUSE

#143:

The most important thing when building relationships is that you find out what makes the other person tick... Get to know people's story – this will help you later on when you eventually share the gospel with them as you'll have those points of reference.

#144: (Oral & Text on screen)

How can stories help you to care for them and finally to share Jesus with them?

#145: (Oral & Text on screen)

Discuss these together in your groups.

PAUSE

#146:

Building relationships should never feel like something that's forced or pressurized. And remember there's no burden of having to share the gospel with them right away. Most people go through 18 micro decisions before they become committed Christians. This means that it's their encounters with their friends that move people through the various decisions that spur their decision on. We should just do our part.

#147:

This is why it is so important for us to build relationships positively and not put people off Jesus, especially

if they know that you're a Christian. Otherwise you might hinder them on their path of decision towards Jesus.

#148:

Doing L-10-T step 2 is like an iceberg. The 10% that shows above the water is our outward friendship building. The very important but "unseen" 90% under water can be compared to our habitual outward behaviour. You know like our language and expressions that could often give people the wrong idea what we actually stand for. This could be things like using vulgar language, telling inappropriate jokes or even talking 'Christianese', which is religious talk like things that don't make sense to non-Christians. For example: 'I am washed in the blood of the Lamb'

#149:

We often do not even think about it in the different roles we play in life. We need to keep in mind that people are going to be looking at us as an example of how to follow Jesus.

#150: (Oral & Text on screen)

Are there things in your life that could be pushing people away from Jesus? Be honest with yourself and if you want to ask someone to pray with you into these areas and hold you accountable with the things you are struggling with. You might even want to get assistance from professional counselors.

#151: (Oral & Text on screen)

Are there things in your behaviour at work, school, on the sports field or even at home that might put people around you off Jesus? Discuss these in pairs.

#152: (Oral & Text on screen)

How can you portray Jesus in your behavior without using words? Discuss this together in the group.

PAUSE

#153:

You might remember from the video that the businesswoman illustrated the one thing that we can do in almost any environment while eating or drinking to signify our faith – and that's giving thanks, or silently saying grace, in a public place. This wasn't a big show, and never has to be, but it makes a powerful public statement!

#154: (Oral & Text on screen)

Do you still pray for your food and drink in public places? If not, how will you start doing this?

#155: (Oral & Text on screen)

And how will you respond to questions about this?

#156: (Oral & Text on screen)

Discuss together how this might lead directly to Step 4?

PAUSE

#157:

Step 2 shows us the crucial role played by every Christian in preaching Christ through their behavior amongst people in social life and in the workplace. Remember, it's not about changing your personality, but rather walking in more fullness of what your true personality is. You are now ready to go out and intentionally build friendships, so that you may always be drawing people closer to the Lord through your interaction with them!

#158: (Oral & Text on screen)

Chapter 5: STEP 3: MEET NEEDS

#159:

We experience the hands on, practical side of Luke 10 Transformation when we begin to carry out Step 3. This is something that was key to the ministry of Jesus, and we should replicate this in our lives. As you watch this next part start to think how you can respond to the immediate needs of those around you – whether they're Christians or not.

Step 3: Meet Needs - (text on screen)

Clip from movie

#170: (Oral & Text on screen)

With which of the four main characters did you most identify with? And why?

[Only if relevant and not done previously]

#171: (Oral & Text on screen)

Choose someone from the group to tell the story of each character's development in L10T, as depicted in the video clip. Discuss in the group now.

[Maybe another student can share – think stories!]

PAUSE

#172:

Every day we are surrounded by so many people that have needs. If they aren't obvious in your environment then you should begin to ask God to show you these needs...

#173:

Take some time to discuss together some of the needs you have encountered in your sphere of influence. Perhaps hearing from others will help you to think of situations you might not have thought of before.

#174: (Oral & Text on screen)

What are some of the needs around you?

PAUSE

#175:

It is remarkable how easy it is to use the standard reply to most greetings, that is “How are you”? “I’m fine” as a starting point to find out whether the person is actually in need, by asking for example ‘How are you really feeling today?’

#176: (Oral & Text on screen)

Discuss how you can use the standard greeting to find out how people you meet every day really are.

PAUSE

#177:

Once you’ve heard about a need you should first try and do something physically by using your gifts, talents, money, or by using your voice to encourage . In order to more effectively reach those around you should identify your strengths and gifts and use them to respond to the needs around you.

#178: (Oral & Text on screen)

Write down your talents, gifts, skills and abilities and then think how you can use them to meet needs practically in your environment.

PAUSE

#179:

There are times when the problem might be something that even your gifting, talents and resources aren’t capable of solving... But even if you feel there is nothing that you can do about the problem, you can always pray... In this way each one of us can meet the needs of those around us on a daily basis.

#180:

When you pray it can be a silent prayer in response to hearing a need that you can’t solve. Or you may ask the person expressing the need if you can pray for them right there.

#181:

Everyone has got needs, and you can ask people and pray for them anytime, everyday. If someone’s need is private they may say so and therefore you may pray for it as a private need – God knows what it is! If someone does not have a need or cannot think about something – ask if you can pray for God to bless them. And if yes, then do it!

#182: (Oral & Text on screen)

To build up your confidence in praying for people, **split into groups of two and ask what are some of the needs you can pray into for each other.**

PAUSE

#183: (Oral & Text on screen)

You will probably come to find that this is an encouraging time for both of you. **After praying discuss as a group your experience and how you felt having someone pray for your needs.**

PAUSE

#184:

You should come to find that each of you will be able to carry out Step 3, and maybe carry it out in different degrees. Some of you might only pray silently. Others of you may pray with people for very challenging needs that you hear about. Whilst others still may be ready to ask about and pray with people for their everyday needs

#185:

Remember at whatever level you do step 3, you are doing your part, and you are doing L 10 T.

#186:

What happens if you approach someone to ask if you can pray for them and they say no? This is not a problem, although you might feel a bit strange about the situation, nothing stops you from continuing conversation with them and then praying silently later on. The key is to never stop loving the person.

#187: (Oral & Text on screen)

Think a bit about how you would react in a situation where someone responds negatively to your request to pray. Discuss this together.

PAUSE

#188:

At the end of the day the most important thing is to let the Spirit guide you in every situation to follow His leading.

#189: (Oral & Text on screen)

How will you allow the Holy Spirit to guide you?

#190: (Oral & Text on screen)

Take some time to reflect on this and give feedback to the group.

PAUSE

#191:

The impact of L10 T can be so much bigger and more widespread than we can begin to imagine if individuals and groups make it their responsibility to pray for the needs of businesses and organizations.

#192: (Oral & Text on screen)

Personally identify an organization where you can go ask the owner, or person in charge, what you can pray for them for.

#193: (Oral & Text on screen)

Write this down and set a date when you want to have done this by.

PAUSE

#194:

You can also give them a card with a contact telephone number should they have anymore urgent requests.

#195: (Oral & Text on screen)

As a group also discuss how you can carry out Luke 10 T to the businesses, organizations and even the street blocks or apartments around you.

#196: (Oral & Text on screen)

Discuss the importance of sustainability and love.

PAUSE

#197: (Oral & Text on screen)

Chapter 6: Step 4: Tell People About Jesus (the speaker only starts from Step 4: Tell People About Jesus)

#198:

By now you should have prayed God's blessing over people, places and tasks; built meaningful relationships with unsaved people around you, and ministered to people's felt needs. The next part is to share the hope which you have, and point them to the Source of your love and kindness. Step 4 is Telling People about Jesus.

Step 4: Tell People About Jesus (text on screen)

Clip from movie

#209: (Oral & Text on screen)

With which of the four main characters did you most identify with? And why?

[Only if relevant and not done previously]

#210: (Oral & Text on screen)

Choose someone from the group to tell the story of each character's development in L10T, as depicted in the video clip. Discuss this together in the group.

[Maybe another student can share – think stories!]

PAUSE

#211:

For those of you who are direct evangelists, it's now simply about doing what you've always done. But if you are one of the other 96% of people who don't have the gift of direct evangelism, then it's important

that you are ready to answer any questions people have in regards to your faith.

#212:

Let's take another look at the question asked by the business woman right back at the beginning where she questions her effectiveness of sharing the gospel whilst being an ordinary Christian.

#213:

(FEMALE 01 GRACE) Clip from movie

(VO) I watch these people on TV, or in my church that can just stand up and start evangelizing to people. I know that's not me. It's a gifting I just don't have. So, does this mean that I can't do anything in regards to the Great Commission? There's so many people in the world who have never even heard the message of Jesus. So many unreached people groups and nations that are un-evangelized, but there are also millions of people in the cities and regions where we stay...

(LOT) This has to touch our hearts as believers, and make us want to do something about it...

But there are really only a few people who have the gifting to be able to do missions, outreach or house-to-house evangelism, which must mean that Jesus has a plan for the rest of us. Right? How can I share the gospel as an ordinary Christian?

#214: (Oral & Text on screen)

In your group answer the question about how you can share the gospel as an ordinary Christian.

PAUSE

#215:

In order to be effective in how we share the truth and good news about Jesus we should prepare ourselves to be ready. Part of this preparation is to know your own testimony... This is the greatest love story, it's the true life account of your own life and how it was transformed and you should be ready to share this with others. Even if you have grown up in a Christian home and have no specific conversion experience, you need to be able to answer people when they ask you why you believe in Jesus as your personal Saviour.

#216: (Oral & Text on screen)

Take some time to individually **answer these questions and write out a short testimony.**

#217: (Oral & Text on screen)

What was your life like before following Christ (no need to go into too much detail here)

#218: (Oral & Text on screen)

How did you become a Christian?

#219: (Oral & Text on screen)

How is your life different today?

PAUSE

#220: (Oral & Text on screen)

OR...Why do you belief in Christ as your Saviour?

#221: (Oral & Text on screen)

What impact does it have on your life?

PAUSE

#222: (Oral & Text on screen)

Once you have worked out your testimony share this with another person in your group and then discuss together how you felt as you shared.

PAUSE

#223:

Once you have shared your testimony with someone the opportunity might naturally arise that they want to know more about Jesus... They might even want to accept Him as their personal Saviour. If this does happen then you need to know what you're going to say. Obviously, you need to rely on the Holy Spirit to lead you and be sensitive to His voice, but you can also practically get your head around the situation.

#224:

There are many different ways to lead someone to Christ – in the video there was only one version of the sinners' prayer. If your group, or church have a different way – then use that. Feel free to research or contact us at L10T offices, for more examples to ensure you know a way that is comfortable for you to do when necessary.

#225: (Oral & Text on screen)

Pick a partner in the group and practice what you would say if you were to lead them to Christ.

#226: (Oral & Text on screen)

Think specifically about how you would lead them in prayer.

PAUSE

#227:

Once you've led someone to Christ, it's very important that you don't just leave them to fend for themselves in becoming a true disciple. That's one of the worst things you can do to someone... It's now up to you to care for them and teach them what Jesus commanded us in Mathew 28:19-20. They should have a Bible and know where to start reading; they should know how to pray; how to find a church or a home group to start fellowshiping with like minded Christians; they should know about baptism and how to live the Christian life of thankfulness.

#228: (Oral & Text on screen)

Discuss together how you would make follow-up and giving discipleship guidelines a priority after you've led someone to Christ.

PAUSE

#229: (Oral & Text on screen)

CHAPTER 7: Take 5

#230:

An easy way to make L10T a practical and simple addition to your daily lifestyle is to apply Take 5. Let's look together at what this means and start thinking of the people who you would wish to add to your list.

Take 5: An Application of L-10-T (text on screen)

Clip from Movie

#236: (Oral & Text on screen)

With which of the four main characters did you most identify with? Why?

[Only if relevant and not done previously]

#237: (Oral & Text on screen)

Choose someone from the group to tell the story of each character's development in L10T, as depicted in the video clip. Now discuss this in your group.

[Maybe another student can share – think stories!]

PAUSE

#238:

OK, now that you've seen how simple it is **it's time to make your own take 5 list.**

#239: (Oral & Text on screen)

Take 5 List: Discuss and choose 5 people by name.

#240: (Oral & Text on screen)

Write them down or memorize them.

PAUSE

#241:

It's so easy for us to just get caught up in the busy everyday life, even when our intentions are good. So, now that you've picked your list of 5 people, decide on a specific time when you will pray for each of them. It helps to have a practical daily reminder...

#242: (Oral & Text on screen)

What time of day will you pray for the people on your list?

#243: (Oral & Text on screen)

What will be your daily practical reminder?

PAUSE

#244:

And remember, if you run out of things to pray for you can always refer back to the extended prayer of Blessing – for Body, Labour, Emotions, Social relationships and spiritual salvation.

#245:

Remember to carry out the other steps of L10T with the five people on your list... this means that after you have prayed for them you will build or re-build relationship with them and also specifically care for them. You should also always be ready to share the good news of Jesus with them should they come to you with any of their questions.

#246:

In many situations you may find that your patience starts running thin because you aren't getting immediate results. The fifth step of Take 5 is to persevere until the person accepts Christ (or at least for a year). And if there is family on your list, then we encourage you to never stop persevering.

#247:

Take 5 should become a lifestyle – and you should always have 5 people on your list.

#248:

People often ask what the difference is between the five people chosen in Take 5 and the people chosen for long term relationships in Step 2. Well, the people chosen in Step 2 are usually strangers outside your home or family with whom you intentionally set up long term relationships. Of course you do Step 1, 3 and eventually step 4 with them. The people chosen for your Take 5 may be family and friends whom you focus all the steps of L-10-T on a daily basis. You should always have some long term people on your Step 2 in addition to your Take 5.

#249: (Oral & Text on screen)

Discuss in the group how you are going to make Take 5 a part of your daily lifestyle?

#250: (Oral & Text on screen)

And what will you do if one of the people gives their life to the Lord?

PAUSE

#251:

As Christians we are called to pray for people as shown in 1 Timothy 2: 1-2, and to make disciples of all nations. The easiest way to extend our realm of influence is to do Take 5 Plus – now we can carry the principles of the Luke 10 Teaching beyond our families and immediate environments to towns, cities, our countries or even beyond our borders.

#252:

Examples are to pray for 5 or more items such as:

#253:

1) Praying for your church, city or town and country and its people;

#254:

2) Praying for the lost in countries where there are few Christians or where the Christians are persecuted for their faith.

#255:

3) Praying for the salvation of unreached people groups.

#256:

4) Praying for those in authority in all spheres of society; like in your city, region, country or even internationally like the United Nations and its officers and ambassadors.

#257:

5) Or praying for the peace of Jerusalem and the salvation of the Jews.

#258: (Oral & Text on screen)

Discuss in the group how you will start doing Take 5 Plus where you will extend the prayer to 5 or more other spheres.

PAUSE

#259:

Just because you are now carrying out the steps of Take 5 and Take 5 Plus this doesn't mean in anyway that you are now only going to pray for 5 or 10 minutes. More than anything, this intentional praying should be making you aware of God's heart for his people and his world, and make you to want to spend even more time with him. Don't ever let systems or formulas put your relationship with God in a box. These steps are merely to help you remember, and to help you make transformation a reality in your life, and to fuel your effectiveness as a Christian.

#260: (Oral & Text on screen)

As you end this meeting, **spend some time talking with God and focusing on your personal relationship with Him. Thank Him for what He has shown you so far, and for his heart to involve you in his plan to restore humanity to Him.**

#261: (Oral & Text on screen)

CHAPTER 8: The Return

#262:

By now you would've received teaching on all of the steps and different applications of L10T... and soon you

will have many exciting stories to share with your friends, family and those in your community. Let's take a look at some of the other examples of Luke 10 T played out in the lives of others.

The Return: The L-10-T Effect (text on screen)

#263:

Clip from movie

The Four Planning Periods (text on screen)

#272:

Clip from movie

#275: (Oral & Text on screen)

Role play the story of Luke 10:17-24 in your group letting different people tell the story of the seventy disciples reactions, Jesus' different responses and the twelve apostles listening to Jesus talking to them (verse 24)

#276: (Oral & Text on screen)

What is your response to this story?

PAUSE

#277:

You've heard how the disciples came back and the reaction they've had. These days with the wealth of communication channels available to us, our ways of feedback can be very diverse and widespread. Technological advances like cellphones, online social media groups and all sorts of wireless networks have made constant communication a part of our everyday lives. It's important that you stay in touch, so that you can keep encouraging one another...

#278: (Oral & Text on screen)

Take some time to report back on any results you've had so far since starting L10T.

#279: (Oral & Text on screen)

Also decided together how you're going to maintain feedback in a group setting.

[Depending on the nature of your group it is critical for the group to decide how they will continue to report back preferably weekly - facilitate this or talk to the group's leader about this]

PAUSE

#280:

L 10 T is a new lifestyle and as people we naturally resist change. That is why feedback and accountability is such a necessary part of keeping L10T alive. Regular feedback will help remind you and assist you not to become lazy and stop. It will also help internalize this new lifestyle as we listen to others motivate us to do more. Jesus sent the disciples out two-two because a friend can be such an encouragement. It is also easier

for two people to keep contact using all the media available. You can also be an encouragement to your L10T accountability friend, especially if they've been turned down or received negative feedback from anyone they were trying to connect with.

#281: (Oral & Text on screen)

Take some time to thoughtfully consider and pray over or with the person you want to have as your 'L10T friend'.

#282: (Oral & Text on screen)

If the person is not with you in this group, please discuss how you will recruit them for L10T and start doing L10T together.

[It is critical that each person identify a friend inside or outside the group and commit to start a friendship with the person. If it is a temporary person make sure they commit to help each other to find a permanent person!]

PAUSE

#283:

After you've decided who you want to walk this journey with you, approach this person and set up a practical schedule about when/how you're going to meet.

#284:

Make sure that you start within 4 days

#285:

Have daily contact for the first 21 days

#286:

And then set out realistic goals for the next 12 months, where after you will keep meeting.

#287:

Keep each other accountable for the next 21 months – for then L10T should be a lifestyle. Write down goals of how you want to do L10 by then.

#288:

The role of the group accountability, and especially interaction between L-10-T friends is to assist each other regularly and to make sure each step is being done daily or regularly.

#289:

They will also see that the long term forgiveness process is being completed; that daily forgiveness and blessing is being done; that ongoing abuse issues are being handled.

#290:

You should also encourage each other in pursuing your short and long term friendships with non-Christians;

and help each other address outward sin issues which might be a stumbling block to non-Christians. You should also be motivating each other to move towards asking and praying out loud for people in need; and checking up that organizational level of L-10-T, including addressing needs, are being done.

#291:

Accountability between groups and individuals will also help make sure that Take 5 is being done and that people accepting Christ (as well as others) are being cared for.

#292: (Oral & Text on screen)

Discuss the four planning periods, (the first 4 days, first 21 days, 12 months, 21 months) and your initial goals with your L10T friend or another person if your friend is not in this group.

[Remind students about the checklist in Unit 10 – it can form a good input document to set goals and do feedback on from time to time in group and pair setting. If your group does not have L-10-T manuals, think about making copies of the checklist for them]

PAUSE

#293:

Now take another look at the Parable of the Sower and the Seeds in Matt 13: 3-23 and whilst you're watching think about the different situations that you might face which could lead to the L10T teaching being ineffective in your life.

#294:

Clip from movie

#296: (Oral & Text on screen)

How are you going to protect the 'seeds' which you've received in this teaching?

#297: (Oral & Text on screen)

Discuss this in the group.

PAUSE

#298: (Oral & Text on screen)

CHAPTER 9: Let's Go

#299:

There is no excuse for you to waste time in starting or continuing to L 10 T... Jesus says in James 2:14-17 that faith without works is dead... As you watch the conclusion of this teaching, reflect on what you've learnt and be encouraged that you are already on your way to being transformed.

Let's Go! (text on screen)

Clip from movie

#307:

That's right... each one of you... every follower of Jesus is called and sent. Well done for completing this training...

#308: (Oral & Text on screen)

With which of the four main characters did you most identify with? Why?

[Only if relevant and not done previously. It might be interesting to hear if some people changed their minds over the course of the training]

#309: (Oral & Text on screen)

Choose someone from the group to tell the story of each character's development in L10T, as depicted in the video clip. Discuss this in your group.

[Students will have an entire view of each character's development – maybe one student can share on each character]

PAUSE

#310:

The businesswoman came to a critical realization: she is firstly a full-time minister of God where God has placed her, and secondly an accountant or a homemaker. Ephesians 4:11-12 confirms that our ministry leaders should equip us as ordinary Christians to be full time ministers to build up the body of Christ. L10T is a tool to equip us in the basics of such a fulltime ministry – everyday everywhere.

#311: (Oral & Text on screen)

Discuss how you now see yourself as a full time minister of God the L10T way.

PAUSE

#312: (Oral & Text on screen)

Take some time to reflect and summarize how you feel about the course and how you see yourself and your surroundings being transformed by L10T.

#313: (Oral & Text on screen)

Tell others how you see the rest of your life as influenced by L10T. Write this down to keep for future reference or memorize it as a story that you can share with others and remind yourself.

PAUSE

#314:

The best way to start L10T if you have not yet, is to go out to the street, restaurant, school ground, university, shops or any place where you can find and practice L10T. Nobody need to do more than they want to– but allow yourself to be stretched. Move in groups of 2 to 4 with people of different giftings in

each group. The people who tend to be more introverted learn a lot from seeing the extroverts doing L10T and of course vice versa!

#315: (Oral & Text on screen)

Plan how your group will do the practical exercise.

#316: (Oral & Text on screen)

How will you balance your groups?

#317: (Oral & Text on screen)

When will you do it?

#318: (Oral & Text on screen)

When will you report back to the larger group?

#319: (Oral & Text on screen)

Later today?

#320: (Oral & Text on screen)

Next week?

PAUSE

#321:

You should tell others about L10T and if necessary train them. Some of you might have committed to train your L10T friend. You can also mobilize organizations such as your congregation or Christian school, university or business organization or association to do L10T.

#322: (Oral & Text on screen)

Make a list of 5 names of people or organizations who you think you should tell and or train to do L10T.

We call this Equip 5!

#323: (Oral & Text on screen)

Discuss them in your group.

PAUSE

#324:

Remember that this is only the beginning of living a practical Christian life. A lot of information is available to build on L10T in your daily lifestyle...you know to go deeper with God or being a minister in your workplace.

#325:

The following contact details are available should you need more information about L-10-T resources, vision, training programmes or if you want to be a champion or trainer in your church, city, denomination,

region or country. And please share your L10T stories with us!

Notes

Contact details: Luke 10 Transformation (L-10-T) Ministry

E-mail Willem Joubert at:

wjoubert@icon.co.za
willemjoubert@luke10t.com

or Lenthia Erasmus at:

lenthia@jwipn.com

or the South African Office at:

infowits@jwipn.com

Telephone:

+27 (0) 826505684 (Willem Joubert)
+27 (0)11 8241985 (South African Office)

Fax:

+27 (0)866605307

Website:

www.jwipn.com
follow the Luke 10 Transformation links
www.luke10transformation.com (soon)

Skype:

willemjj1 (Willem Joubert)

"The Luke 10 Transformation team would love to hear from you! Try to contact us by another way if one way fails. If possible use e-mail - it seems to work the best".

Revision 1.2